

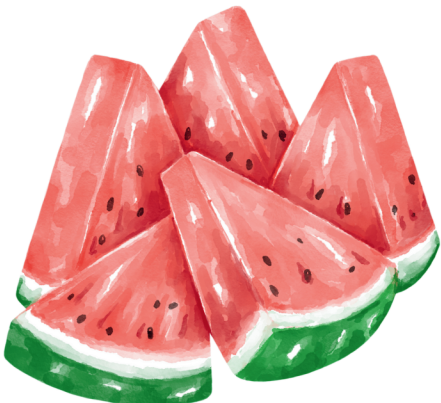


August 2025

"August is the border between summer and autumn; it is the most beautiful month I know." -Tove Jansson



918- TV Channel 918
AC- Aquatic Center (Clubhouse, 2nd Floor)
ARR- Avalon Recreation Room
AUD- Auditorium
BR- Billiards Room (Bldg. 5000, Level 3)
CAS- Creative Arts Studio (Clubhouse, 2nd Floor)
CHR- Chart Room (by MDR)
FS- Fitness Studio (Clubhouse, 2nd Floor)
FSR- Fireside Room (by MDR)
LIB- Library (Clubhouse, 2nd Floor)
LL- Lighthouse Lounge (Bldg. 6000, 4th Floor)
MDR- Main Dining Room
MG- Mariner's Grille (Clubhouse, 2nd Floor)
ML- Main Lobby
OT- Occupational Therapy Room (by Avalon)
PC- Pickleball Court
PDR- Private Dining Room
PUB- Jerry Browne Pub
RCCR- Residents Council Conference Room (Bldg. 5000, Level 4)
VG- Village Green (Outside Mariner Grille)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Call for Appointment: Dr. Hennessey & Catherine Krenicky, APRN (Primary Care) (860)464-7274 X112 Dr. Lawrence's Office (Podiatrist) (401)596-0823 Dr. Walter's Office (Podiatrist) (860)599-4555 OnSite Dermatology (877)345-5300</p>	<p>DINING ROOM Reservations: 860-437-4052 Takeout: 860-572-5671 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm Sunday Brunch: 11:00—2:00 pm J.B. PUB Monday-Sunday Complimentary Continental Breakfast: 7—10 am. MARINER'S GRILLE Reservations: 860-572-5656 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm</p>	<p>Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact: Michael Langlois Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601 Taylor Palmer Community Life Services Associate tpalmer@stoneridgerc.com (860) 437-4041 Ceilidh Burdick Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411</p>	<p>Hair Salon & Stylists: Tuesday, Wednesday, Friday 9am - 3pm Thursday 8am - 1pm (860)572-5673 Nail Services: Thursday 9am-3pm Country Store Hours: Monday—Saturday 10:30 am - 2:30 pm (860) 572-5654</p>		<p>11:00 Conversations with LoriAnn: Stress and Resilience (PUB) 1 12:30 Upcoming Events (918) 1:00 Quilting Lessons with the Stone Quilters (RCCR) 1:30 Mahjong (PUB) 2:00 Beginner Painting with Ceilidh- Open Studio (CAS) 2:00 Billiards (BR) 7:00 Poker (PUB) 7:30 Friday Series: "The Residence" Ep. 7 & 8 (AUD)</p>	<p>9:00 Open Pickleball (PC) 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:00 Open Bocce (BC) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "My Mom Jayne" (918) 4:00 All Resident Eclectic Art Show Opening (AG) 7:30 Saturday Movie: " My Mom Jayne" (AUD) <div>Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.</div></p>
<p>10:30 Catholic Communion 3 Contact Kip Brockmyre to sign up 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "Homeward Bound" (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: "Homeward Bound" (AUD)</p>	<p>11:30 Better Hearing at StoneRidge (CHR) 4 1:00 Party Bridge (PUB) 1:30 Sit & Stitch/Knitters (RCCR) 2:00 Billiards (BR) 2:00 Video: "Unsung Heroes of WWII: Europe" Episodes 9 & 10 (AUD) 2:30 Library Committee (PDR) 6:30 BINGO! (AUD)</p>	<p>9:00 Open Pickleball (PC) 9:30 Duplicate Bridge (PUB) 1:00 Canasta (PUB) 2:00 Computer & Device Help (MG) 2:00 Health and Wellness Committee (RCCR) 2:30 Resident-led Pool Volleyball (AC) 3:00 Movie Matinee: Moby Dick (AUD) 4:00 Backgammon (PUB) 7:30 Friday Series: "The Residence" Ep. 7 & 8 (918)</p>	<p>10:45 TRIP: Lunch at Costello's Clam Shack (Noank) 6 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 3:00 Art Talks with Ceilidh: Publicly Funded Art (PUB) 7:30 Musical Movie: "A Complete Unknown" (AUD) There is no Poetry in the Pub this month.</p>	<p>9:00 Catherine Krenicky, APRN (OT) 7 9:00 Open Pickleball (PC) 1:00 Cribbage (PUB) 1:00 Grounds and Gardens Committee (RCCR) 2:00 Computer & Device Help (MG) 3:00 Capt. Jim Ransom, US Navy (Ret.) "US Asiatic Fleet Submarines in WW2: Retreat, Frustration, and Fate" Lecture (AUD) 3:00 Facilities Committee 7:30 Musical Movie: "A Complete Unknown" (918) 7:30 Narragansett Bay Chorus Performance (AUD)</p>	<p>11:00 Conversations with LoriAnn: Rest and Fun (PUB) 8 12:30 Upcoming Events (918) 1:00 Quilting Lessons with the Stone Quilters (RCCR) 1:30 Mahjong (PUB) 2:00 Beginner Painting with Ceilidh (CAS) 2:00 Billiards (BR) 7:00 Poker (PUB) 7:30 Friday Series: "Keeping Up Appearances" S. 2, Ep. 1, 2, 3 (AUD)</p>	<p>9:00 Open Pickleball (PC) 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:00 Open Bocce (BC) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "While You Were Sleeping" (918) 7:30 Saturday Movie: "While You Were Sleeping" (AUD) <div>Aquatic Center & Fitness Center 7 Days A Week 8:00am—8:00pm</div></p>
<p>Reoccurring Fitness Classes</p>	<p>MONDAY 9:30 Seated Range of Motion (918) 9:30 Seated Red (RSVP Class, FS) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)</p>	<p>TUESDAY 9:00 Slow Flow H2O (AC) 9:30 Lower Body Strength (918) 10:00 Zumba Gold (AUD) 11:00 Yoga (AUD) 2:00 Calming Meditation (918)</p>	<p>WEDNESDAY 9:30 Lift & Swim (AC) 9:30 Seated Range of Motion (918) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)</p>	<p>THURSDAY 9:30 Lower Body Strength Chair (918) 10:00 Heart Healthy Hustle (AUD) 10:35 Range of Motion Exercises (FS) 11:00 Qi Gong Seated (918) 11:00 Tai Chi Balance (RSVP Class, FS) 2:00 Positive Energy Meditation (918)</p>	<p>FRIDAY 9:00 Slow Flow H2O (AC) 9:30 Seated Range of Motion (918) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)</p>	<p>Contact Julie Oliver, Fitness Specialist for more Information (860)572-5657</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>10:30 Catholic Communion Contact Kip Brockmyre to sign up 10</div> <div>11:00 Qi Gong Seated (918)</div> <div>2:00 Sunday Movie: "The Firm" (918)</div> <div>3:00 Scrabble (PUB)</div> <div>7:30 Sunday Movie: "The Firm" (AUD)</div>	<div>9:00 Dr. Hennessey, Primary Care (OT) 11</div> <div>10:00 Coffee and Conversations with Pamela Klapproth, Executive Director (CHR)</div> <div>10:30 Around Town Tour with Transportation</div> <div>1:00 Party Bridge (PUB)</div> <div>1:30 Sit & Stitch/Knitters (RCCR)</div> <div>1:30 Food and Beverage Committee (CHR)</div> <div>2:00 Billiards (BR)</div> <div>2:00 Video: "Unsung Heroes of WWII: Europe" Episodes 9 & 10 (AUD)</div> <div>4:00 Happy Hour (PUB)</div> <div>6:30 BINGO! (AUD)</div>	<div>9:00 Open Pickleball (PC) 12</div> <div>1:00 Canasta (PUB)</div> <div>2:00 Computer & Device Help (MG)</div> <div>1:30 Caregivers Support Group with LoriAnn (PDR)</div> <div>2:30 Resident-led Pool Volleyball (AC)</div> <div>2:30 Great Decisions: American Foreign Policy in the Middle East with Moderator David Goebel (AUD)</div> <div>4:00 Backgammon (PUB)</div> <div>5:30 Take Out Dinner with Ralph Wood (CHR)</div> <div>7:30 Friday Series: "Keeping Up Appearances" S. 2, Ep. 1, 2, 3 (918)</div>	<div>10:30 TRIP: Lunch at T's Restaurant then "Hairspray" at Theater by the Sea 13</div> <div>1:30 Episcopal Service (AUD)</div> <div>1:30 Rosary Service (ARR)</div> <div>3:00 Fall Prevention with the Health and Wellness Committee (AUD)</div> <div>7:30 Musical Movie: "In the Heights" (AUD)</div>	<div>9:00 Catherine Krenicky, APRN (OT) 14</div> <div>9:00 Open Pickleball (PC)</div> <div>10:00 Coffee and Conversations with the Resident Council (PUB)</div> <div>1:00 Cribbage (PUB)</div> <div>1:00 Welcome Committee (CHR)</div> <div>2:00 Computer & Device Help (MG)</div> <div>3:00 Charles Ludington Wine Tasting and Lecture (AUD)</div> <div>7:30 Musical Movie: "In the Heights" (918)</div>	<div>11:00 Conversations with LoriAnn: Spirituality (PUB) 15</div> <div>12:30 Upcoming Events (918)</div> <div>1:00 Quilting Lessons with the Stone Quilters (RCCR)</div> <div>1:30 Mahjong (PUB)</div> <div>2:00 Billiards (BR)</div> <div>2:00 Beginner Painting with Ceilidh (CAS)</div> <div>4:00 "Stone Walls & Structures of England and New England: An Evolution" with Horticulturalist Andrew Pighills</div> <div>7:00 Poker (PUB)</div> <div>7:30 Friday Series: "Keeping Up Appearances" S. 2, Ep 4, 5, 6 (AUD)</div>	<div>9:00 Open Pickleball (PC) 16</div> <div>9:30 Lower Body Strength, Seated (918)</div> <div>11:00 Qi Gong (918)</div> <div>1:00 Open Bocce (BC)</div> <div>1:30 Mindful Meditation (918)</div> <div>2:00 Saturday Movie: "Sisterhood of the Travelling Pants" (918)</div> <div>7:30 Saturday Movie: "Sisterhood of the Travelling Pants" (AUD)</div>
<div>10:30 Catholic Communion Contact Kip Brockmyre to sign up 17</div> <div>11: 00 Qi Gong Seated (918)</div> <div>2:00 Sunday Movie: "Thelma & Louise" (918)</div> <div>3:00 Scrabble (PUB)</div> <div>7:30 Sunday Movie: "Thelma & Louise" (AUD)</div>	<div>9:00 Dr. Hennessey, Primary Care (OT) 18</div> <div>1:00 Duplicate Bridge (PUB)</div> <div>1:30 Sit & Stitch/Knitters (RCCR)</div> <div>2:00 Billiards (BR)</div> <div>2:00 Wine Bottling (CAS)</div> <div>6:30 BINGO! (AUD)</div>	<div>No In-Person Morning Fitness Classes in the Auditorium 19</div> <div>9:00 Dr. Walter, Podiatrist (OT)</div> <div>9:00 Open Pickleball (PC)</div> <div>9:30 Duplicate Bridge (PUB)</div> <div>11:00 Resident Update Meeting (AUD)</div> <div>1:00 Residents for Conservation Action (RCCR)</div> <div>1:00 Canasta</div> <div>2:00 Computer & Device Help (MG)</div> <div>2:30 Resident-led Pool Volleyball (AC)</div> <div>2:00 Zen Art Hour: Bag Charms (CAS)</div> <div>4:00 Backgammon (PUB)</div> <div>7:30 Friday Series: "Keeping Up Appearances" S. 2, Ep. 4, 5, 6 (918)</div>	<div>1:30 TRIP: Sabino Boat Tour 20</div> <div>1:30 Episcopal Service (AUD)</div> <div>1:30 StoneRidge Parkinson's Support Group (CHR)</div> <div>1:30 Rosary Service (ARR)</div> <div>7:30 Musical Movie: "Million Dollar Mermaid" (AUD)</div>	<div>9:00 Catherine Krenicky, APRN (OT) 21</div> <div>9:00 Open Pickleball (PC)</div> <div>1:00 Community Life Committee (CHR)</div> <div>2:00 Resident Marketing Committee (Administration Conference Room)</div> <div>2:00 Stone Quilters (RCCR)</div> <div>2:00 Computer & Device Help (MG)</div> <div>2:30 Baking Class: No-Knead Bread (CAS)</div> <div>4:00 Faith Leitner on Harp (AUD)</div> <div>7:30 Musical Movie: "Million Dollar Mermaid" (918)</div>	<div>11:00 Conversations with LoriAnn: Care for Your Body (PUB) 22</div> <div>12:30 Upcoming Events (918)</div> <div>1:00 Quilting Lessons with the Stone Quilters (RCCR)</div> <div>1:30 Mahjong (PUB)</div> <div>2:00 Billiards (BR)</div> <div>4:00 Alison Mitchell Book Event (AUD)</div> <div>7:00 Poker (PUB)</div> <div>7:30 Friday Series: "Keeping Up Appearances" S. 2, Ep. 7, 8, 9 (AUD)</div>	<div>9:00 Open Pickleball (PC) 23</div> <div>9:30 Lower Body Strength Seated (918)</div> <div>11:00 Qi Gong (918)</div> <div>1:30 Mindful Meditation (918)</div> <div>2:00 Saturday Movie: "Seven Years in Tibet" (918)</div> <div>7:30 Saturday Movie: "Seven Years in Tibet" (AUD)</div> <div>Transportation Sign-up for Shopping in the Transportation Book in the Mail Room.</div>
<div>10:30 Catholic Communion Contact Kip Brockmyre to sign up 24</div> <div>11:00 Qi Gong Seated (918)</div> <div>2:00 Sunday Movie: "It Happened One Night" (918)</div> <div>3:00 Scrabble (PUB)</div> <div>7:30 Sunday Movie: "It Happened One Night" (AUD)</div>	<div>9:00 Dr. Hennessey, Primary Care (OT) 25</div> <div>1:00 Party Bridge (PUB)</div> <div>1:30 Sit & Stitch/Knitters (RCCR)</div> <div>2:00 Billiards (BR)</div> <div>3:00 Finance Committee (RCCR)</div> <div>4:00 Happy Hour (PUB)</div> <div>6:30 BINGO! (AUD)</div>	<div>9:00 Dr. Walter, Podiatrist (OT) 26</div> <div>9:00 Open Pickleball (PC)</div> <div>9:30 Duplicate Bridge (PUB)</div> <div>1:00 Canasta (PUB)</div> <div>1:30 Caregiver's Support Group with Lori Ann (PDR)</div> <div>2:00 Computer & Device Help (MG)</div> <div>2:30 Resident-led Pool Volleyball (AC)</div> <div>3:00 Ellipsis Woodwind Trio Concert (AUD)</div> <div>4:00 Backgammon (PUB)</div> <div>7:30 Friday Series: "Keeping Up Appearances" S. 2, Ep. 7, 8, 9 (918)</div>	<div>9:30 Resident Council Meeting (RCCR) 27</div> <div>1:30 Episcopal Service (AUD)</div> <div>1:30 Rosary Service (ARR)</div> <div>2:00 Portal Photo Session (LIB)</div> <div>3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB)</div> <div>7:30 Musical Movie: "A Chorus Line" (AUD)</div>	<div>No In-Person Fitness Classes in the Auditorium 28</div> <div>9:00 Catherine Krenicky, APRN (OT)</div> <div>9:00 Open Pickleball (PC)</div> <div>11:00 Bank Square Books Book Fair (AUD)</div> <div>11:30 Recreation Committee (RCCR)</div> <div>2:00 Computer & Device Help (MG)</div> <div>7:30 Musical Movie: "A Chorus Line" (918)</div>	<div>11:00 Conversations with LoriAnn: Prioritizing (PUB) 29</div> <div>12:30 Upcoming Events (918)</div> <div>1:00 Quilting Lessons with the Stone Quilters (RCCR)</div> <div>1:30 Mahjong (PUB)</div> <div>1:30 Shopping Transportation to East Lyme Costco</div> <div>2:00 Billiards (BR)</div> <div>2:30 Broadway Comes to StoneRidge Video: King Lear (AUD)</div> <div>7:00 Poker (PUB)</div> <div>7:30 Friday Series: "Keeping Up Appearances" S. 2, Ep. 10 & 11 (AUD)</div>	<div>9:00 Open Pickleball (PC) 30</div> <div>9:30 Lower Body Strength Seated (918)</div> <div>11:00 Qi Gong (918)</div> <div>1:30 Mindful Meditation (918)</div> <div>2:00 Saturday Movie: "Picture This" (918)</div> <div>7:30 Saturday Movie: "Picture This" (AUD)</div>
<div>10:30 Catholic Communion Contact Kip Brockmyre to sign up 31</div> <div>11:00 Qi Gong Seated (918)</div> <div>2:00 Sunday Movie: "1984" (918)</div> <div>3:00 Scrabble (PUB)</div> <div>7:30 Sunday Movie: "1984" (AUD)</div>	<div>For Medical Appointments, Call the Transportation Department at (860) 572-5604 Email: transportation@stoneridgerc.com</div>					
<div>SUNDAY</div> <div>9:00 Transportation to Mystic Congregational Church</div> <div>9:45 Transportation to St. Patrick's Church</div>	<div>MONDAY</div> <div>8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments</div> <div>1:30 Grocery Shopping: McQuade's and Big Y</div>	<div>TUESDAY</div> <div>8:30-3:00 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments</div>	<div>WEDNESDAY</div> <div>8:30-3:00 Backus Hospital and Surrounding Areas Doctors Appointments</div>	<div>THURSDAY</div> <div>8:30-3:00 Mystic, Stonington, Westerly Doctors Appointments</div>	<div>FRIDAY 1:30 Shopping</div> <div>1st- Waterford Walmart & Lowes</div> <div>8th- Groton Rte 1 & Groton Shopping Plaza</div> <div>15th- Waterford Target, Crystal Mall, New London Mall</div> <div>22nd- Downtown Westerly & Westerly Shopping Center</div>	<div>Reoccurring Transportation Sunday - Friday</div>