



December 2025

"December, being the last month of the year, cannot help but make us think of what is to come."
—Fennel Hudson



- 918- TV Channel 918
- AC- Aquatic Center (Clubhouse, 2nd Floor)
- ARR- Avalon Recreation Room
- AUD- Auditorium
- BR- Billiards Room (Bldg. 5000, Level 3)
- CAS- Creative Arts Studio (Clubhouse, 2nd Floor)
- CHR- Chart Room (by MDR)
- FS- Fitness Studio (Clubhouse, 2nd Floor)
- FSR- Fireside Room (by MDR)
- LIB- Library (Clubhouse, 2nd Floor)
- LL- Lighthouse Lounge (Bldg. 6000, 4th Floor)
- MDR- Main Dining Room
- MG- Mariner's Grille (Clubhouse, 2nd Floor)
- ML- Main Lobby
- OT- Occupational Therapy Room (by Avalon)
- PC- Pickleball Court
- PDR- Private Dining Room
- PUB- Jerry Browne Pub
- RCCR- Residents Council Conference Room (Bldg. 5000, Level 4)
- VG- Village Green (Outside Mariner Grille)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
--------	--------	---------	-----------	----------	--------	----------

<p>Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact:</p> <p>Michael Langlois Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601</p> <p>Taylor Palmer Community Life Services Associate tpalmer@stoneridgerc.com (860) 437-4041</p> <p>Ceilidh Burdick Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411</p>	<p>9:00 Dr. Hennessey, Primary Care (OT) 1</p> <p>11:30 <i>Hearing Better at StoneRidge Group (CHR)</i></p> <p>1:00 Party Bridge (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:00 Decorating the Holiday Tree (ML)</p> <p>1:30 <i>Sit & Stitch/Knitters (RCCR)</i></p> <p>2:00 Billiards (BR)</p> <p>2:30 <i>Library Committee (PDR)</i></p> <p>3:00 <i>K&K Piano Duet (AUD)</i></p>	<p>9:30 Duplicate Bridge (PUB) 2</p> <p>10:00 Open Pickleball (PC)</p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>2:00 <i>Health and Wellness Committee (RCCR)</i></p> <p>2:00 Computer & Device Help (MG)</p> <p>4:00 Backgammon (PUB)</p> <p>3:00 Stan Carpenter Lecture: War in the Pacific Part 4 "Island Hopping Across the Pacific" (AUD)</p> <p>7:30 Friday Series: "Hostages" S. 1, Ep. 7 & 8 (918)</p>	<p>10:00 TRIP: Newport Mansions Holidays with Lunch at Breakers Café 3</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>2:30 Grief Awareness with LoriAnn: The Many Faces of Grief (MG)</p> <p>7:30 Musical Movie: "Brigadoon" (AUD)</p>	<p>9:00 Catherine Krenicky, APRN (OT) 4</p> <p>10:00 Open Pickleball (PC)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>10:45 StoneRidge Chorus (AUD)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:00 <i>Grounds and Gardens Committee (RCCR)</i></p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Paint Pouring Door Hanger with LoriAnn (CAS)</p> <p>3:00 <i>Facilities Committee (RCCR)</i></p> <p>4:00 Holiday Tree Lighting and Ugly Sweater Contest (ML)</p> <p>7:30 Musical Movie: "Brigadoon" (918)</p>	<p>7:30 Employee Appreciation Event (AUD) 5</p> <p>11:00 Health & Wellness Conversations with LoriAnn (PUB)</p> <p>12:30 Upcoming Events (918)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>2:30 Employee Appreciation Event (AUD)</p> <p>7:30 Friday Series: "Death By Lightning" Episodes 1 & 2 (AUD)</p>	<p>9:30 Lower Body Strength Seated (918) 6</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:00 Holiday Stroll in Buildings 1 & 2 (PUB)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "A House of Dynamite" (918)</p> <p>4:00 All Resident Photography Art Show Opening (AG)</p> <p>7:30 Saturday Movie: "A House of Dynamite" (AUD)</p>
--	--	---	--	---	--	--

<p>10:30 Catholic Communion 7 Contact Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "The Graduate" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>7:30 Sunday Movie: "The Graduate" (AUD)</p> <div style="border: 2px solid red; padding: 5px; margin-top: 10px;"> <p style="text-align: center;">Aquatic Center & Fitness Center 7 Days A Week 8:00am—8:00pm</p> </div>	<p>9:00 Dr. Hennessey, Primary Care (OT) 8</p> <p>10:30 Around Town Tour with Transportation</p> <p>1:00 Party Bridge (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:30 <i>Sit & Stitch/Knitters (RCCR)</i></p> <p>1:30 <i>Food and Beverage Committee (CHR)</i></p> <p>2:00 Billiards (BR)</p>	<p style="text-align: center; color: green;">No In-Person Fitness Classes in the Auditorium 9</p> <p>9:30 Duplicate Bridge (PUB)</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Resident's Association Annual Meeting (AUD)</p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>1:30 Caregivers Support Group with LoriAnn (PDR)</p> <p>2:00 Gift Wrapping by the Directors (CHR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>3:00 "The Art of Christmas from the Renaissance to Norman Rockwell" with Bob Potter (AUD)</p> <p>4:00 Backgammon (PUB)</p> <p>5:30 Take Out Dinner with Ralph Wood (CHR)</p> <p>7:30 Friday Series: Death by Lightning" Episodes 1 & 2 (918)</p>	<p>9:15 <i>Community Connections Meeting (AUD) 10</i></p> <p>12:00 TRIP: Miss Florence's Tea at the Florence Griswold Museum & Self Guided Tour</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>2:30 Grief Awareness with LoriAnn: Coping with the Holidays After a Loss (MG)</p> <p>7:30 Musical Movie "Mamma Mia" (918)</p> <p>7:30 Mystic Noank Community Band Woodwind and Brass Ensemble Concert (AUD)</p>	<p>9:00 Catherine Krenicky, APRN (OT) 11</p> <p>10:00 Open Pickleball (PC)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>10:00 Coffee & Conversations with the Resident Council (PUB)</p> <p>10:45 StoneRidge Chorus (AUD)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:00 <i>Welcome Committee (CHR)</i></p> <p>1:30 Boxwood Trees with Sally and Jilly (CAS)</p> <p>2:00 Computer & Device Help (MG)</p> <p>4:00 StoneRidge Chorus Holiday Concert (AUD)</p> <p>7:30 Musical Movie: "Mamma Mia" (AUD)</p>	<p>11:00 Health & Wellness Conversations with LoriAnn (PUB) 12</p> <p>12:30 Upcoming Events (918)</p> <p>1:00 Pastel Drawing Class with Ceilidh (CAS)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>3:30 EmBELLish Bell Choir (AUD)</p> <p>7:30 Friday Series: "Death By Lightning" Episodes 3 & 4 (AUD)</p>	<p>9:30 Lower Body Strength Seated (918) 13</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>3:00 Army vs Navy Football Game Viewing (PUB)</p> <p>2:00 Saturday Movie: "A River Runs Through It" (918)</p> <p>7:30 Saturday Movie: "A River Runs Through It" (AUD)</p> <div style="border: 2px solid red; padding: 5px; margin-top: 10px;"> <p style="text-align: center; color: red;">Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.</p> </div>
--	---	--	--	--	--	--

<p>Reoccurring Fitness Classes</p>	<p style="text-align: center;">MONDAY</p> <p>9:30 Seated Range of Motion (918)</p> <p>9:30 Seated Tap (RSVP Class FS)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p style="text-align: center;">TUESDAY</p> <p>9:00 Slow Flow H2O (AC)</p> <p>9:30 Lower Body Strength (918)</p> <p>10:00 Zumba Gold (AUD)</p> <p>11:00 Yoga (AUD)</p> <p>2:00 Calming Meditation (918)</p>	<p style="text-align: center;">WEDNESDAY</p> <p>9:30 Lift & Swim (AC)</p> <p>9:30 Seated Range of Motion (918)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p style="text-align: center;">THURSDAY</p> <p>9:30 Slow Flow H2O (AC)</p> <p>9:30 Lower Body Strength Chair (918)</p> <p>10:00 Heart Healthy Hustle (AUD)</p> <p>11:00 Qi Gong Seated (918)</p> <p>11:00 Tai Chi Balance (RSVP Class FS)</p> <p>2:00 Positive Energy Meditation (918)</p>	<p style="text-align: center;">FRIDAY</p> <p>9:00 Lift & Swim (AC)</p> <p>9:30 Seated Range of Motion (918)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>Contact Julie Oliver, Fitness Specialist for more information (860)572-5657</p>
---	---	--	--	--	---	---

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:30 Catholic Communion Contact 14 Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "Guess Who's Coming to Dinner" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>7:30 Sunday Movie: "Guess Who's Coming to Dinner" (AUD)</p> 	<p>9:00 Dr. Hennessey, Primary Care (OT) 15</p> <p>10:30 Around Town Tour with Transportation</p> <p>1:00 Duplicate Bridge (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:30 Sit & Stitch/Knitters (RCCR)</p> <p>2:00 Richard Franklin Donahue Presents: Nine Centuries of Christmas Music (AUD)</p> <p>2:00 Billiards (BR)</p> <p>3:00 Finance Committee (RCCR)</p> <p>7:30 Karaoke (AUD)</p> 	<p>No In-Person Fitness Classes in the Auditorium 16</p> <p>9:00 Dr. Walter, Podiatrist (OT)</p> <p>9:30 Resident Update Meeting Buildings 1, 2, 3 (AUD)</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Resident Update Meeting Buildings 4, 5, 6 (AUD)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>2:00 Computer & Device Help (MG)</p> <p>4:00 Backgammon (PUB)</p> <p>4:00 Hanukkah Celebration (AUD)</p> <p>7:30 Friday Series: "Death By Lightning" Episodes 3 & 4 (918)</p> 	<p>9:30 Resident Council Meeting (RCCR) 17</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>2:30 Grief Awareness with LoriAnn: Finding Hope and Resilience in Grief (MG)</p> <p>3:00 Art Talks with Ceilidh: The Responsibility of Artists and Patrons (PUB)</p> <p>4:30 TRIP: Holiday Lights Drive</p> <p>6:30 TRIP: Holiday Lights Drive</p> <p>7:30 Musical Movie: "Anchors Aweigh" (AUD)</p> 	<p>9:00 Catherine Krenicky, APRIN (OT) 18</p> <p>10:00 Open Pickleball (PC)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:00 Marketing Committee (RCCR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>4:00 StoneRidge Holiday Party with Ivory and Gold (MDR)</p> <p>7:30 Musical Movie: "Anchors Aweigh" (918)</p> 	<p>11:00 Health & Wellness Conversations with LoriAnn (PUB) 19</p> <p>12:30 Upcoming Events (918)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>3:00 "A Christmas Carol" Reading (AUD)</p> <p>7:30 Friday Series: "The Girlfriend" S. 1, Ep. 1 & 2 (AUD)</p> 	<p>9:30 Lower Body Strength, Seated (918) 20</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "It's a Wonderful Life" (918)</p> <p>7:30 Saturday Movie: "It's a Wonderful Life" (AUD)</p> 
<p>10:30 Catholic Communion Contact 21 Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "Miracle on 34th Street" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>7:30 Sunday Movie: "Miracle on 34th Street" (AUD)</p> 	<p>9:00 Dr. Hennessey, Primary Care (OT) 22</p> <p>1:00 Party Bridge (PUB)</p> <p>1:00 Pong Pong (AUD)</p> <p>1:30 Sit & Stitch/Knitters (RCCR)</p> <p>2:00 Billiards (BR)</p> <p>2:00 Solstice Craft (CAS)</p> <p>4:00 Video: Surprising Origins of Christmas Traditions (AUD)</p>	<p>9:30 Duplicate Bridge (PUB) 23</p> <p>10:00 Open Pickleball (PC)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>1:30 Caregivers Support Group with LoriAnn (PDR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>3:00 "Bringing Up Kate" The Life of Katherine Hepburn Presented By the Katherine Hepburn Museum (AUD)</p> <p>4:00 Backgammon (PUB)</p> <p>7:30 Friday Series: "The Girlfriend" S. 1, Ep. 1 & 2 (918)</p> 	<p>1:30 Episcopal Service (AUD) 24</p> <p>1:30 Rosary Service (ARR)</p> <p>7:30 Musical Movie: "White Christmas" (AUD)</p> 	<p>10:00 Open Pickleball (PC) 25</p> <p>7:30 Musical Movie: "White Christmas" (918)</p>	<p>12:30 Upcoming Events (918) 26</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>3:00 Broadway Comes to StoneRidge Video: "Holiday Inn" (AUD)</p> <p>7:30 Friday Series: "The Girlfriend" S. 1, Ep. 3 & 4 (AUD)</p>	<p>9:30 Lower Body Strength Seated (918) 27</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "Quartet" (918)</p> <p>7:30 Saturday Movie: "Quartet" (AUD)</p> <div style="border: 1px solid red; padding: 5px; text-align: center;"> <p>Transportation Sign-up for Shopping in the Transportation Book in the Mail Room.</p> </div>
<p>10:30 Catholic Communion Contact 28 Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "Marriage Italian Style" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>7:30 Sunday Movie: "Marriage Italian Style" (AUD)</p> <div style="background-color: #004d00; color: white; padding: 5px; text-align: center;"> <p>For Medical Appointments, Call the Transportation Department at (860) 572-5604</p> </div>	<p>No In-Person Fitness Classes 29</p> <p>1:00 Party Bridge (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:30 Sit & Stitch/Knitters (RCCR)</p> <p>2:00 Billiards (BR)</p> <p>3:00 Documentary "Lewis & Clark: The Journey of the Corps of Discovery" Part 1 (AUD)</p>	<p>No In-Person Fitness Classes 30</p> <p>9:30 Duplicate Bridge (PUB)</p> <p>10:00 Open Pickleball (PC)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>2:00 Computer & Device Help (MG)</p> <p>3:00 Documentary "Lewis & Clark: The Journey of the Corps of Discovery" Part 1 (AUD)</p> <p>4:00 Backgammon (PUB)</p> <p>7:30 Friday Series: "The Girlfriend" S. 1, Ep. 3 & 4 (918)</p>	<p>No In-Person Fitness Classes 31</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>5:00 New Years Eve Party with The Cartell's</p> <p>7:30 Musical Movie: "A Funny Thing Happened on the Way to the Forum" (AUD)</p>	<div style="border: 1px solid #004d00; padding: 5px;"> <p>DINING ROOM</p> <p>Reservations: 860-437-4052</p> <p>Takeout: 860-572-5671</p> <p>Monday-Saturday</p> <p>Lunch: 12:00–2:00 pm</p> <p>Dinner: 5:00–7:30 pm</p> <p>Sunday Brunch: 11:00–2:00 pm</p> <p>J.B. PUB</p> <p>Monday-Sunday</p> <p>Complimentary Continental Breakfast: 7–10 am.</p> <p>MARINER'S GRILLE</p> <p>Reservations: 860-572-5656</p> <p>Monday-Saturday</p> <p>Lunch: 12:00–2:00 pm</p> <p>Dinner: 5:00–7:30 pm</p> </div>	<div style="border: 1px solid #004d00; padding: 5px;"> <p>Hair Salon & Stylists:</p> <p>Tuesday, Wednesday, Friday 9am - 3pm</p> <p>Thursday 8am - 1pm</p> <p>(860)572-5673</p> <p>Nail Services:</p> <p>Thursday 9am-3pm</p> <p>.....</p> <p>Country Store Hours:</p> <p>Monday–Saturday 10:30 am - 2:30 pm</p> <p>(860) 572-5654</p> </div>	<div style="border: 1px solid #004d00; padding: 5px;"> <p>Call for Appointment:</p> <p>Dr. Hennessey & Catherine Krenicky, APRN (Primary Care)</p> <p>(860)464-7274 X112</p> <p>Dr. Lawrence's Office (Podiatrist)</p> <p>(401)596-0823</p> <p>Dr. Walter's Office (Podiatrist)</p> <p>(860)599-4555</p> <p>Total Vision</p> <p>(860)415-9292</p> </div>
<p>SUNDAY</p> <p>9:00 Transportation to Mystic Congregational Church</p> <p>9:45 Transportation to St. Patrick's Church</p>	<p>MONDAY</p> <p>8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments</p> <p>1:30 Grocery Shopping: McQuade's and Big Y</p>	<p>TUESDAY</p> <p>8:30-3:00 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments</p>	<p>WEDNESDAY</p> <p>8:30-3:00 Backus Hospital and Surrounding Areas Doctors Appointments</p>	<p>THURSDAY</p> <p>8:30-3:00 Mystic, Stonington, Westerly Doctors Appointments</p>	<p>FRIDAY 1:30 Shopping</p> <p>5th– Waterford Walmart & Lowes</p> <p>12th– Groton Rte 1 & Groton Shopping Plaza</p> <p>19th– Waterford Target, Crystal Mall, New London Mall</p> <p>No Friday Shopping on December 26th</p>	<div style="background-color: #004d00; color: white; padding: 10px; text-align: center;"> <p>Reoccurring Transportation Sunday - Friday</p> </div>