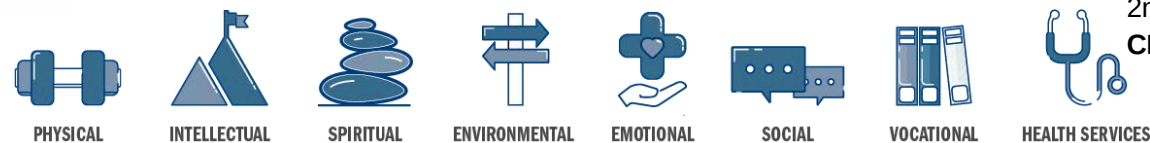




# January 2026

*"What good is the warmth of summer, without the cold of winter to give it sweetness." — John Steinbeck*



**918-** TV Channel 918

**AC-** Aquatic Center (Clubhouse, 2nd Floor)

**ARR-** Avalon Recreation Room

**AUD-** Auditorium

**BR-** Billiards Room (Bldg. 5000, Level 3)

**CAS-** Creative Arts Studio (Clubhouse, 2nd Floor)

**CHR-** Chart Room (by MDR)

**FS-** Fitness Studio (Clubhouse, 2nd Floor)

**FSR-** Fireside Room (by MDR)

**LIB-** Library (Clubhouse, 2nd Floor)

**LL-** Lighthouse Lounge (Bldg. 6000, 4th Floor)

**MDR-** Main Dining Room

**MG-** Mariner's Grille (Clubhouse, 2nd Floor)

**ML-** Main Lobby

**OT-** Occupational Therapy Room (by Avalon)

**PC-** Pickleball Court

**PDR-** Private Dining Room

**PUB-** Jerry Browne Pub

**RCCR-** Residents Council Conference Room (Bldg. 5000, Level 4)

**VG-** Village Green (Outside Mariner Grille)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact:</p> <p><b>Michael Langlois</b> Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601</p> <p><b>Ceilidh Burdick</b> Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411</p> <p><b>Tiffany Burley</b> Community Life Services Associate tburley@stoneridgerc.com (860) 437-4041</p>	<p><b>DINING ROOM</b> Reservations: 860-437-4052 Takeout: 860-572-5671 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm Sunday Brunch: 11:00—2:00 pm</p> <p><b>J.B. PUB</b> <b>Monday-Sunday</b> Complimentary Continental Breakfast: 7—10 am.</p> <p><b>MARINER'S GRILLE</b> Reservations: 860-572-5656 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm</p>	<p><b>Hair Salon &amp; Stylists:</b> Tuesday, Wednesday, Friday 9am - 3pm Thursday 8am - 1pm (860) 572-5673</p> <p><b>Nail Services:</b> Thursday 9am-3pm</p> <p>.....</p> <p><b>Country Store Hours:</b> Monday—Saturday 10:30 am - 2:30 pm (860) 572-5654</p>	<p><b>Call for Appointment:</b> <b>Dr. Hennessey &amp; Catherine Krenicky, APRN</b> (Primary Care) (860) 464-7274 X110</p> <p><b>Dr. Lawrence's Office</b> (Podiatrist) (401) 596-0823</p> <p><b>Dr. Walter's Office</b> (Podiatrist) (860) 599-4555 On-Site Dermatology (877) 345-5300</p>	<p><b>No In-Person Fitness Classes 1</b> 10:00 Open Pickleball (PC) 1:00 Cribbage (PUB) 1:00 Ping Pong (AUD) 7:30 Movie: "A Funny Thing Happened on the Way to the Forum" (918)</p> <p><b>Happy New Year</b></p>	<p><b>No In-Person Fitness Classes 2</b> 1:30 Mahjong (PUB) 2:00 Billiards (BR) <b>3:00 "The Best of Victor Borge, Act One &amp; Two" (AUD)</b> 7:00 Poker (PUB) <b>7:30 Friday Series: "Hostages" Season 1, Ep. 9 &amp; 10 (AUD)</b></p>	<p>9:30 Lower Body Strength Seated (918) <b>3</b> 10:00 Open Pickleball (PC) 11:00 Qi Gong (918) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Jay Kelly" (918) <b>7:30 Saturday Movie: "Jay Kelly" (AUD)</b></p> <p><b>Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.</b></p>
<p><b>10:30 Catholic Communion 4</b> <b>Contact Kip Brockmyre to sign up</b> 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "Train Dreams" (918) 3:00 Scrabble (PUB) <b>3:00 Winter Cornhole (AUD)</b> <b>7:30 Sunday Movie: "Train Dreams" (AUD)</b></p>	<p><b>9:00 Dr. Hennessey, Primary Care (OT) 5</b> <b>10:30 Around Town Tour with Transportation</b> 1:00 Ping Pong (AUD) 1:30 Sit &amp; Stitch/Knitters (RCCR) <b>2:00 Taking down the Holiday Tree (ML)</b> 2:00 Billiards (BR) 2:30 Library Committee (PDR) <b>6:30 BINGO! (AUD)</b></p>	<p>9:30 Duplicate Bridge (PUB) <b>6</b> 10:00 Open Pickleball (PC) 1:00 Canasta (PUB) 1:30 Resident-led Pool Volleyball (AC) <b>2:00 2026 Vision Boards Craft Zen Art Hour (CAS)</b> <b>2:00 Computer &amp; Device Help (MG)</b> 2:00 Health &amp; Wellness Committee (RCCR) <b>3:00 Chris Lipinski Talk (AUD)</b> 4:00 Backgammon (PUB) 7:30 Friday Series: (918) "Hostages" Season 1, Ep. 9 &amp; 10 (918)</p>	<p><b>11:45 TRIP: Lunch at La Plage 7 (Delamar)</b> 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) <b>7:30 Western Movie: "Eddington" (AUD)</b> <b>7:30 Poetry in the Pub (PUB)</b></p>	<p><b>9:00 Dr. Katherine Krenicky, APRN (OT) 8</b> 10:00 Open Pickleball (PC) <b>10:00 Coffee &amp; Conversations with the Resident Council (PUB)</b> <b>10:30 Blood Pressure Clinic (Linda Hart's Office)</b> 1:00 Cribbage (PUB) 1:00 Ping Pong (AUD) 1:00 Welcome Committee (CHR) <b>2:00 Computer &amp; Device Help (MG)</b> 3:00 Facilities Committee (RCCR) <b>4:00 "Into the Throne of the Mountain Gods: A Journey to Mount Everest in Search of Snow Leopards and Adventure" with Dr. Benfield (AUD)</b> 7:30 Western Movie: "Eddington" (918)</p>	<p>10:00 Scholarship Committee (RCCR) <b>9</b> 1:00 Quilting Lessons with the Stone Quilters (RCCR) 1:30 Mahjong (PUB) 2:00 Billiards (BR) <b>2:00 Intro to Art Course (CAS)</b> 7:00 Poker (PUB) <b>7:30 Friday Series: "Seaside Hotel" Season 1, Ep. 1 &amp; 2 (AUD)</b></p>	<p>9:30 Lower Body Strength Seated (918) <b>10</b> 10:00 Open Pickleball (PC) 11:00 Qi Gong (918) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Shakespeare in Love" (918) <b>7:30 Saturday Movie: "Shakespeare in Love" (AUD)</b></p> <p><b>Aquatic Center &amp; Fitness Center 7 Days A Week 8:00am—8:00pm</b></p>
<p><b>Reoccurring Fitness Classes</b></p>	<p><b>MONDAY</b> 9:30 Seated Range of Motion (918) <b>9:30 Seated Tap (RSVP Class FS)</b> <b>10:30 Stable &amp; Strong (AUD)</b> 8:30 Meditation for Relaxation (918)</p>	<p><b>TUESDAY</b> <b>9:00 Slow Flow H2O (AC)</b> 9:30 Lower Body Strength (918) <b>10:00 Zumba Gold (AUD)</b> <b>11:00 Yoga (AUD)</b> 2:00 Calming Meditation (918)</p>	<p><b>WEDNESDAY</b> <b>9:30 Lift &amp; Swim (AC)</b> 9:30 Seated Range of Motion (918) <b>10:30 Stable &amp; Strong (AUD)</b> 8:30 Meditation for Relaxation (918)</p>	<p><b>THURSDAY</b> <b>9:30 Slow Flow H2O (AC)</b> 9:30 Lower Body Strength Chair (918) <b>10:00 Heart Healthy Hustle (AUD)</b> 11:00 Qi Gong Seated (918) <b>11:00 Tai Chi Balance (RSVP Class FS)</b> 2:00 Positive Energy Meditation (918)</p>	<p><b>FRIDAY</b> <b>9:00 Lift &amp; Swim (AC)</b> 9:30 Seated Range of Motion (918) <b>10:30 Stable &amp; Strong (AUD)</b> 8:30 Meditation for Relaxation (918)</p>	<p><b>Contact Julie Oliver, Fitness Specialist for more Information (860) 572-5657</b></p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>11:30 Catholic Communion Contact Kip Brockmyre to sign up</div> <div>11:00 Qi Gong Seated (918)</div> <div>2:00 Sunday Movie: "The Sting" (918)</div> <div>3:00 Scrabble (PUB)</div> <div>3:00 Winter Cornhole (AUD)</div> <div>7:30 Sunday Movie: "The Sting" (AUD)</div>	<div>No In-Person Fitness Classes</div> <div>9:00 Dr. Hennessey, Primary Care (OT)</div> <div>10:00 Perkins Farm Talk (AUD)</div> <div>1:00 Ping Pong (AUD)</div> <div>1:30 Sit &amp; Stitch/Knitters (RCCR)</div> <div>1:30 Culinary Committee (CHR)</div> <div>2:00 Billiards (BR)</div> <div>4:00 Mocktail Happy Hour (PUB)</div> <div>6:30 BINGO! (AUD)</div>	<div>9:30 Duplicate Bridge (PUB)</div> <div>10:00 Open Pickleball (PC)</div> <div>1:00 Canasta (PUB)</div> <div>1:30 Caregiver's Support with LoriAnn (CHR)</div> <div>1:30 Resident-led Pool Volleyball (AC)</div> <div>2:00 Computer &amp; Device Help (MG)</div> <div>2:30 Great Decisions Information Session (AUD)</div> <div>4:00 Backgammon (PUB)</div> <div>5:30 Take Out Dinner with Ralph Wood (CHR)</div> <div>7:30 Friday Series: "Seaside Hotel" Season 1, Ep. 1 &amp; 2 (918)</div>	<div>11:00 TRIP: Slater Museum Tour with Ceilidh and Lunch at Mido Sushi</div> <div>1:30 Episcopal Service (AUD)</div> <div>1:30 Rosary Service (ARR)</div> <div>7:30 Western Movie: "High Noon" (AUD)</div>	<div>9:00 Dr. Katherine Krenicky, APRN (OT)</div> <div>10:00 Open Pickleball (PC)</div> <div>10:30 Blood Pressure Clinic (Linda Hart's Office)</div> <div>1:00 Ping Pong (AUD)</div> <div>1:00 Cribbage (PUB)</div> <div>1:00 Marketing Committee (RCCR)</div> <div>2:00 Stone Quilters (RCCR)</div> <div>2:00 Computer &amp; Device Help (MG)</div> <div>3:00 Documentaries with Dow: "Orphan Train" (AUD)</div> <div>7:30 Western Movie: "High Noon" (918)</div>	<div>10:30 Finance Committee Meeting (RCCR)</div> <div>1:00 Quilting Lessons with the Stone Quilters (RCCR)</div> <div>1:30 Mahjong (PUB)</div> <div>2:00 Billiards (BR)</div> <div>2:00 Intro to Art Course (CAS)</div> <div>7:00 Poker (PUB)</div> <div>7:30 Friday Series: "Seaside Hotel" Season 1, Ep. 3 &amp; 4 (AUD)</div>	<div>9:30 Lower Body Strength, Seated (918)</div> <div>10:00 Open Pickleball (PC)</div> <div>11:00 Qi Gong (918)</div> <div>1:30 Mindful Meditation (918)</div> <div>2:00 Saturday Movie: "Come See Me in the Good Light" (918)</div> <div>7:30 Saturday Movie: "Come See Me in the Good Light" (AUD)</div>
<div>10:30 Catholic Communion Contact Kip Brockmyre to sign up</div> <div>11:00 Qi Gong Seated (918)</div> <div>2:00 Sunday Movie: "Downton Abbey: The Great Finale" (918)</div> <div>3:00 Scrabble (PUB)</div> <div>3:00 Winter Cornhole (AUD)</div> <div>7:30 Sunday Movie: "Downton Abbey: The Grant Finale" (AUD)</div>	<div>9:00 Dr. Hennessey, Primary Care (OT)</div> <div>1:00 Duplicate Bridge (PUB)</div> <div>1:00 Ping Pong (AUD)</div> <div>1:30 Sit &amp; Stitch/Knitters (RCCR)</div> <div>2:00 Billiards (BR)</div> <div>3:00 "King In The Wilderness: The Last Years of MLK Jr.'s Life" Video (AUD)</div> <div>6:30 BINGO! (AUD)</div>	<div>No In-Person Fitness Classes in the Auditorium</div> <div>9:30 Resident Update Meeting Buildings 1,2, 3 (AUD)</div> <div>10:00 Open Pickleball (PC)</div> <div>11:00 Resident Update Meeting Buildings 4, 5, 6 (AUD)</div> <div>1:00 Canasta (PUB)</div> <div>1:00 Book Club (AUD)</div> <div>1:30 Residents for Conservation Action (RCCR)</div> <div>1:30 Resident-led Pool Volleybal (AC)</div> <div>2:00 Computer &amp; Device Help (MG)</div> <div>3:00 Dr. Joseph Benedict lecture: "Verdi Festival 2025" (AUD)</div> <div>4:00 Backgammon (PUB)</div> <div>7:30 Friday Series: (918) "Seaside Hotel" Season 1, Ep. 3 &amp; 4 (AUD)</div>	<div>9:30 Resident Council Meeting (RCCR)</div> <div>1:30 Episcopal Service (AUD)</div> <div>1:30 Rosary Service (ARR)</div> <div>3:00 Art Talks with Ceilidh (PUB)</div> <div>7:30 Western Movie: "No Country for Old Men" (AUD)</div>	<div>10:00 Open Pickleball (PC)</div> <div>10:30 Blood Pressure Clinic (Linda Hart's Office)</div> <div>10:45 Stone Ridge Chorus (AUD)</div> <div>1:00 Cribbage (PUB)</div> <div>2:00 Computer &amp; Device Help (MG)</div> <div>3:00 "Romance and Reality: The Art of J.M.W. Turner" Lecture with Bob Potter (AUD)</div> <div>7:30 Western Movie: "No Country for Old Men" (918)</div>	<div>1:00 Quilting Lessons with the Stone Quilters (RCCR)</div> <div>1:30 Mahjong (PUB)</div> <div>2:00 Billiards (BR)</div> <div>2:00 Intro to Art Course (CAS)</div> <div>7:30 Friday Series: "Seaside Hotel" Season 1, Ep. 5 &amp; 6 (AUD)</div>	<div>9:30 Lower Body Strength Seated (918)</div> <div>10:00 Open Pickleball (PC)</div> <div>11:00 Qi Gong (918)</div> <div>1:30 Mindful Meditation (918)</div> <div>2:00 Saturday Movie: "Mission Impossible: The Final Reckoning" (918)</div> <div>6:30 ESCO Transportation</div> <div>7:30 Saturday Movie: "Mission Impossible: The Final Reckoning" (AUD)</div>
<div>10:30 Catholic Communion Contact Kip Brockmyre to sign up</div> <div>11:00 Qi Gong Seated (918)</div> <div>2:00 Sunday Movie: "The Descendants" (918)</div> <div>3:00 Scrabble (PUB)</div> <div>3:00 Winter Cornhole (AUD)</div> <div>7:30 Sunday Movie: "The Descendants" (AUD)</div>	<div>9:00 Dr. Hennessey, Primary Care (OT)</div> <div>1:00 Ping Pong (AUD)</div> <div>1:30 Sit &amp; Stitch/Knitters (RCCR)</div> <div>2:00 Billiards (BR)</div> <div>4:00 Burns' Night Happy Hour (PUB)</div> <div>6:30 BINGO! (AUD)</div>	<div>9:30 Duplicate Bridge (PUB)</div> <div>10:00 Open Pickleball (PC)</div> <div>1:00 Canasta (PUB)</div> <div>1:30 Resident-led Pool Volleyball (AC)</div> <div>2:00 Beadable Pen, Keychain, and Notepad Set (CAS)</div> <div>2:00 Computer &amp; Device Help (MG)</div> <div>4:00 Backgammon (PUB)</div> <div>7:30 Friday Series: (918) "Seaside Hotel" Season 1, Ep. 5 &amp; 6" (918)</div>	<div>1:00 TRIP: Artists' Cooperation of Westerly Art Gallery</div> <div>1:00 Recreation Committee (RCCR)</div> <div>1:30 Episcopal Service (AUD)</div> <div>1:30 Rosary Service (ARR)</div> <div>3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB)</div> <div>7:30 Western Movie: "Escape from Fort Bravo" (AUD)</div>	<div>9:00 Dr. Katherine Krenicky, APRN (OT)</div> <div>10:00 Open Pickleball (PC)</div> <div>10:30 Blood Pressure Clinic (Linda Hart's Office)</div> <div>10:45 Stone Ridge Chorus (AUD)</div> <div>1:00 Cribbage (PUB)</div> <div>1:00 Ping Pong (AUD)</div> <div>2:00 Computer &amp; Device Help (MG)</div> <div>3:00 "A Living Lineage of Stonington" Genealogy Lecture with Ceilidh (AUD)</div> <div>7:30 Western Movie: "Escape from Fort Bravo" (918)</div>	<div>1:00 Quilting Lessons with the Stone Quilters (RCCR)</div> <div>1:30 Mahjong (PUB)</div> <div>2:00 Billiards (BR)</div> <div>3:00 Jeopardy: "Retro Recall" (AUD)</div> <div>7:00 Poker (PUB)</div> <div>7:30 Friday Series: "The Beast in Me" Ep. 1 &amp; 2 (AUD)</div>	<div>9:30 Lower Body Strength Seated (918)</div> <div>10:00 Open Pickleball (PC)</div> <div>11:00 Qi Gong (918)</div> <div>1:30 Mindful Meditation (918)</div> <div>2:00 Saturday Movie: "9 to 5" (918)</div> <div>7:30 Saturday Movie: "9 to 5" (AUD)</div>
<div>For Medical Appointments, Call the Transportation Department at (860) 572-5604</div>					<div>JEOPARDY!</div>	<div>Transportation Sign-up for Shopping in the Transportation Book in the Mail Room.</div>
<div>SUNDAY</div> <div>9:00 Transportation to Mystic Congregational Church</div> <div>9:45 Transportation to St. Patrick's Church</div>	<div>MONDAY</div> <div>8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments</div> <div>1:30 Grocery Shopping: McQuade's and Big Y</div>	<div>TUESDAY</div> <div>8:30-3:30 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments</div>	<div>WEDNESDAY</div> <div>8:30-3:30 Avalon Health Center Appointments</div>	<div>THURSDAY</div> <div>8:30-3:30 Mystic, Stonington, Westerly Doctors Appointments</div>	<div>FRIDAY 1:30 Shopping</div> <div>No Friday Shopping January 2</div> <div>9th- Waterford Walmart &amp; Lowes</div> <div>16th- Groton Rte 1 &amp; Groton Shopping Plaza</div> <div>23rd - Waterford Target, Crystal Mall, New London Mall</div> <div>30th- Westerly + Westerly Shopping Center</div>	<div>Reoccurring Transportation Sunday - Friday</div> <div>Medical appointments must be made 48 hours in advance.</div>