



June 2025

"Every sunset brings the promise of a new dawn." – Ralph Waldo Emerson



PHYSICAL



INTELLECTUAL



SPIRITUAL



ENVIRONMENTAL



EMOTIONAL



SOCIAL



VOCATIONAL



HEALTH SERVICES

918- TV Channel 918

AC– Aquatic Center (Clubhouse, 2nd Floor)

ARR– Avalon Recreation Room

AUD– Auditorium

BR– Billiards Room (Bldg. 5000, Level 3)

CAS– Creative Arts Studio (Clubhouse, 2nd Floor)

CHR– Chart Room (by MDR)

FS– Fitness Studio (Clubhouse, 2nd Floor)

FSR– Fireside Room (by MDR)

LIB– Library (Clubhouse, 2nd Floor)

LL- Lighthouse Lounge (Bldg. 6000, 4th Floor)

MDR– Main Dining Room

MG– Mariner's Grille (Clubhouse, 2nd Floor)

ML– Main Lobby

OT– Occupational Therapy Room (by Avalon)

PC– Pickleball Court

PDR– Private Dining Room

PUB– Jerry Browne Pub

RCCR– Residents Council Conference Room (Bldg. 5000, Level 4)

VG– Village Green (Outside Mariner Grille)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Catholic Communion 1 Contact Kip Brockmyre to sign up 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: Home From the Hill" (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: "Home From the Hill" (AUD)	9:00 Dr. Hennessey, Primary Care (OT) 2 11:00 Hearing Better at StoneRidge (PDR) 1:00 Party Bridge (PUB) 1:30 Sit & Stitch/Knitters (RCCR) 2:00 Billiards (BR) 2:30 Library Committee (PDR) 2:30 Dr. Dennis Flannigan Dentist Talk: Medicines, Cavities, and Loose Dentures (AUD) 3:30 Happy Hour (Grille Patio) 6:30 BINGO! (AUD)	9:00 Open Pickleball (PC) 3 9:30 Duplicate Bridge (PUB) 12:00 Video "Stories of America's National Parks" Ep. 5 & 6 (918) 1:00 Canasta (PUB) 1:30 Mahjong (PUB) 2:00 Computer & Device Help (MG) 2:00 Health and Safety Committee (RCCR) 2:30 Resident-led Pool Volleyball (AC) 3:00 Anything Goes Folk Concert (AUD) 4:00 Backgammon (PUB) 7:30 Friday Series: "The Paradise" S. 1, Ep. 7 & 8 (918)	11:00 TRIP: Lunch at Mido Sushi then Slater Museum Tour 4 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 3:00 Portal Photo Session (LIB) 7:30 Musical Movie: "The Color Purple" (2023) (AUD) 7:30 Poetry in the Pub (PUB)	9:00 Catherine Krenicky, APRN (OT) 5 9:00 Open Pickleball (PC) 12:00 Video "Life in the World's Oceans" Ep. 15 & 16 (918) 1:00 Walking Trip with Julie: Harkness Memorial State Park 1:00 Cribbage (PUB) 1:00 Grounds and Gardens Committee (RCCR) 2:00 Computer & Device Help (MG) 2:00 Beginner Painting Step-by-Step Class with Ceilidh: Cape Hatteras (CAS) 3:00 Facilities Committee (RCCR) 7:30 Musical Movie: "The Color Purple" (2023) (918)	12:30 Upcoming Events (918) 6 1:00 Genealogy Club (LL) 2:00 Billiards (BR) 7:00 Poker (PUB) 7:30 Friday Series: "The Paradise" S. 2, Ep 1 & 2" (AUD)	9:00 Open Pickleball (PC) 7 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:00 Open Bocce (BC) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Becoming Katherine Graham" (918) 7:30 Saturday Movie: "Becoming Katherine Graham" (AUD) Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.
10:30 Catholic Communion 8 Contact Kip Brockmyre to sign up 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "Of Human Bondage" (918) 3:00 Scrabble (PUB) 3:00 Play Reading "The Importance of Being Earnest" (AUD) 7:30 Sunday Movie: "Of Human Bondage"(AUD)	9:00 Dr. Hennessey, Primary Care (OT) 9 10:30 Around Town Tour with Transportation 1:00 Party Bridge (PUB) 1:30 Sit & Stitch/Knitters (RCCR) 1:30 Food and Beverage Committee (CHR) 2:00 Billiards (BR) 6:30 BINGO! (AUD)	9:00 Dr. Walter, Podiatrist (OT) 10 9:00 Open Pickleball (PC) 9:30 Duplicate Bridge (PUB) 12:00 Video "Stories of America's National Parks" Ep. 7 & 8 (918) 1:00 Canasta (PUB) 1:00 Book Club (RCCR) 1:30 Mahjong (PUB) 1:30 Caregivers Support Group with LoriAnn (CHR) 2:00 Computer & Device Help (MG) 2:30 Resident-led Pool Volleyball (AC) 2:30 Great Decisions: U.S. China Relations with Moderator Dr. Joe Benedict (AUD) 4:00 Backgammon (PUB) 5:30 Take Out Dinner with Ralph Wood (CHR) 7:30 Friday Series: "The Paradise" S. 2, Ep. 1& 2 (918)	9:15 Community Connections Meeting (AUD) 11 11:00 TRIP: Lunch at Max Fish in Glastonbury then Footprints Shoe Store 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 1:30 StoneRidge Parkinson's Support Group (CHR) 3:00 Paint Along with Bob Ross "Hideaway Cove" (CAS) 7:30 Musical Movie "Paint Your Wagon" (AUD)	9:00 Physical Therapy Discussion "Energy Conservation and Fatigue Management" (AUD) 12 9:00 Open Pickleball (PC) 10:00 Coffee and Conversations with the Resident Council (PUB) 12:00 Video "Life in the World's Oceans" Ep. 17 & 18 (918) 1:00 Cribbage (PUB) 2:00 Computer & Device Help (MG) 4:00 Theater Lecture with Michael: "A History of Acting from Ancient Greek to Modern Day" (AUD) 7:30 Musical Movie: "Paint Your Wagon" (918)	12:30 Upcoming Events (918) 13 1:00 Quilting Lessons with the Stone Quilters (RCCR) 1:00 Beginner Drawing with Ceilidh (CAS) 2:00 Billiards (BR) 2:30 Broadway Comes to StoneRidge Video: "Carousel" (AUD) 7:00 Poker (PUB) 7:30 Friday Series: "The Paradise" S. 2, Ep. 3 & 4 (AUD)	9:00 Open Pickleball (PC) 14 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:00 Open Bocce (BC) 1:30 Mindful Meditation (918) 2:00 Bocce Match: "Damn Yankees" Yankees vs Senators (BC) 2:00 Saturday Movie: "The Accountant" (918) 7:30 Saturday Movie: "The Accountant" (AUD) Aquatic Center & Fitness Center 7 Days A Week 8:00am—8:00pm
Reoccurring Fitness Classes	MONDAY 9:30 Seated Range of Motion (918) 9:30 Intro to Tap, Seated (FS) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)	TUESDAY 9:00 Slow Flow H2O (Pool) 9:30 Lower Body Strength (918) 10:00 Zumba Gold (AUD) 11:00 Yoga (AUD) 2:00 Calming Meditation (918)	WEDNESDAY 9:30 Seated Range of Motion (918) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)	THURSDAY 9:30 Lower Body Strength Chair (918) 10:00 Heart Healthy Hustle (AUD) 10:35 Range of Motion Exercises (FS) 11:00 Qi Gong Seated (918) 11:00 Tai Chi Balance (RSVP Class FS) 1:30 Intro to Tap, Seated (FS) 2:00 Positive Energy Meditation (918)	FRIDAY 9:00 Slow Flow H2O (Pool) 9:30 Seated Range of Motion (918) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)	Contact Julie Oliver, Fitness Specialist for more Information (860)572-5657

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Catholic Communion Contact Kip Brockmyre to sign up 11: 00 Qi Gong Seated (918) 2:00 Sunday Movie: "That Touch of Mink" (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: "That Touch of Mink" (AUD) HAPPY Father's DAY	9:00 Dr. Hennessey, Primary Care (OT) 1:00 Duplicate Bridge (PUB) 1:30 <i>Sit & Stitch/Knitters (RCCR)</i> 2:00 Billiards (BR) 3:30 Happy Hour (Grille Patio) 6:30 BINGO! (AUD)	No In-Person Morning Fitness Classes in the Auditorium 9:00 Dr. Walter, Podiatrist (OT) 9:00 Open Pickleball (PC) 11:00 Resident Update Meeting (AUD) 12:00 Video "Stories of America's National Parks" Ep. 9 & 10 (918) 1:00 <i>Residents for Conservation Action Committee (RCCR)</i> 1:30 Mahjong (PUB) 2:00 Computer & Device Help (MG) 2:00 Zen Art Hour: Self Expression Collage (CAS) 2:30 Resident-led Pool Volleyball (AC) 4:00 Doug McKeehan on Piano (AUD) 4:00 Backgammon (PUB) 7:30 Friday Series: "The Paradise" S. 2, Ep. 3 & 4 (918)	11:30 <i>Community Life Committee</i> 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 3:00 Art Talks with Ceilidh "Performance Art" with Special Guest Host, Michael (PUB) 7:30 Hot Cat Jazz Trio (AUD) 7:30 Musical Movie: "What's Love Got to Do With It?" (918)	9:00 Catherine Krenicky, APRN (OT) 9:00 Open Pickleball (PC) 10:00 Coffee and Conversations with Pamela Klapproth, Executive Director (CHR) 12:00 Video "Life in the World's Oceans" Ep. 19 & 20 (918) 1:00 Cribbage (PUB) 1:00 <i>Welcome Committee (RCCR)</i> 2:00 <i>Stone Quilters (RCCR)</i> 2:00 Computer & Device Help (MG) 2:30 Connecticut Dog Gone Rescue Lecture (AUD) 7:30 Musical Movie: "What's Love Got to Do With It" (AUD) JUNE TEENTH	11:00 Bocce Match with Essex Meadows (BC) 12:30 Upcoming Events (918) 1:00 <i>Quilting Lessons with the Stone Quilters (RCCR)</i> 2:00 Billiards (BR) 2:00 Beginner Drawing with Ceilidh (CAS) 4:00 Piano and Violin Duet (AUD) 7:00 Poker (PUB) 7:30 Friday Series: "The Paradise" S. 2, Ep. 5 & 6 (AUD)	9:00 Open Pickleball (PC) 9:30 Lower Body Strength, Seated (918) 11:00 Qi Gong (918) 1:00 Open Bocce (BC) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "La Dolce Villa" (918) 7:30 Saturday Movie: "La Dolce Villa" (AUD)
10:30 Catholic Communion Contact Kip Brockmyre to sign up 11: 00 Qi Gong Seated (918) 2:00 Sunday Movie: "Somewhere in Time" (918) 3:00 Scrabble (PUB) 4:00 StoneRidge Scholarship Awards Ceremony (AUD) 7:30 Sunday Movie: "Somewhere in Time" (AUD)	9:00 Dr. Hennessey, Primary Care (OT) 1:00 Party Bridge (PUB) 1:30 <i>Sit & Stitch/Knitters (RCCR)</i> 2:00 Billiards (BR) 3:00 <i>Finance Committee (RCCR)</i> 6:30 BINGO! (AUD)	9:00 Open Pickleball (PC) 9:30 Duplicate Bridge (PUB) 11:00 Dog Yoga- Sign Up with Julie (AUD) 12:00 Video "Stories of America's National Parks" Ep. 11 & 12 (918) 1:00 Nutrition Talk with Lindsay D'Amato Licensed Dietitian Nutritionist (AUD) 1:30 Mahjong (PUB) 1:30 Caregivers Support Group (PDR) 2:00 Computer & Device Help (MG) 2:30 Resident-led Pool Volleyball (AC) 4:00 Welcome Summer Bash with the Cartell's (Grille Patio) 4:00 Backgammon (PUB) 7:30 Friday Series: "The Paradise" S. 2, Ep. 5 & 6 (918)	9:30 <i>Resident's Council Meeting (RCCR)</i> 12:00 TRIP: Lunch at Castello of Niantic 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 3:00 Fundraiser for Alzheimer's: Sunset Paint and Sip (AUD) 3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB) 7:30 Musical Movie: "'Til the Clouds Roll By" (AUD)	9:00 Catherine Krenicky, APRN (OT) 9:00 Open Pickleball (PC) 12:00 Video "Life in the World's Oceans" Ep. 21 & 22 (918) 2:00 Computer & Device Help (MG) 2:00 <i>Recreation Committee Meeting (RCCR)</i> 3:00 "Regional Objects for America's 250th with Lyman Allyn Art Museum (AUD) 7:30 Musical Movie: "'Til the Clouds Roll By" (918)	12:30 Upcoming Events (918) 12:30 Transportation to Mystic Seaport Wooden Boat Show 1:00 <i>Quilting Lessons with the Stone Quilters (RCCR)</i> 2:00 Billiards (BR) 4:00 Documentary Video: "Carved From Stone: Legacy of a Granite Town" (AUD) 7:00 Poker (PUB) 7:30 Friday Series: "The Paradise" S. 2, Ep. 7 & 8 (AUD)	9:00 Open Pickleball (PC) 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:30 Mindful Meditation (918) 2:00 Bocce Match: "South Pacific" Nurses vs SeaBees (BC) 2:00 Saturday Movie: "The Friend" (918) 7:30 Saturday Movie: "The Friend" (AUD)
10:30 Catholic Communion Contact Kip Brockmyre to sign up 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "It's Complicated" (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: "It's Complicated" (AUD)	9:00 Dr. Hennessey, Primary Care (OT) 1:00 Party Bridge (PUB) 1:30 <i>Sit & Stitch/Knitters (RCCR)</i> 2:00 Billiards (BR) 6:30 BINGO! (AUD)	Call for Appointment: Dr. Hennessey & Catherine Krenicky, APRN (Primary Care) (860)464-7274 X112 Dr. Lawrence's Office (Podiatrist) (401)596-0823 Dr. Walter's Office (Podiatrist) (860)599-4555 OnSite Dermatology (877)345-5300	DINING ROOM Reservations: 860-437-4052 Takeout: 860-572-5671 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm Sunday Brunch: 11:00—2:00 pm J.B. PUB Monday-Sunday Complimentary Continental Breakfast: 7—10 am. MARINER'S GRILLE Reservations: 860-572-5656 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm	Hair Salon & Stylists: Tuesday, Wednesday, Friday 9am - 3pm Thursday 8am - 1pm (860)572-5673 Nail Services: Thursday 9am-3pm Country Store Hours: Monday—Saturday 10:30 am - 2:30 pm (860) 572-5654	Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact: Michael Langlois Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601 Taylor Palmer Community Life Services Associate tpalmer@stoneridgerc.com (860) 437-4041 Ceilidh Burdick Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411	For Medical Appointments, Call the Transportation Department at (860) 572-5604 Email: transportation@stoneridgerc.com Transportation Sign-up for Shopping in the Transportation Book in the Mail Room.
SUNDAY 9:00 Transportation to Mystic Congregational Church 9:45 Transportation to St. Patrick's Church	MONDAY 8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments 1:30 Grocery Shopping: McQuade's and Big Y	TUESDAY 8:30-3:00 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments	WEDNESDAY 8:30-3:00 Backus Hospital and Surrounding Areas Doctors Appointments	THURSDAY 8:30-3:00 Mystic, Stonington, Westerly Doctors Appointments	FRIDAY 1:30 Shopping 6th— Waterford Walmart & Lowes 13th— Groton Rte 1 & Groton Shopping Plaza 20th— Waterford Target, Crystal Mall, New London Mall 27th— Downtown Westerly & Westerly Shopping Center	Reoccurring Transportation Sunday - Friday