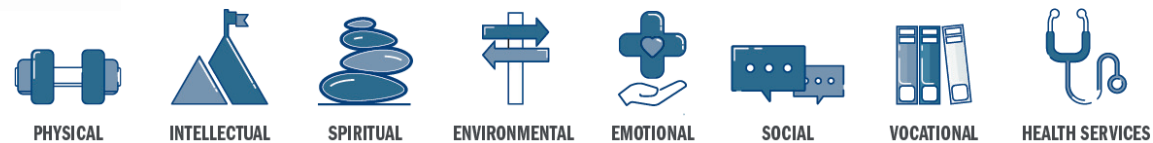




May 2026

"May is the month of expectation, the month of wishes, the month of hope." -Emily Brontë



- 918-** TV Channel 918
- AC-** Aquatic Center (Clubhouse, 2nd Floor)
- ARR-** Avalon Recreation Room
- AUD-** Auditorium
- BC-** Bocce Court
- BR-** Billiards Room (Bldg. 5000, Level 3)
- CAS-** Creative Arts Studio (Clubhouse, 2nd Floor)
- CHR-** Chart Room (by MDR)
- FS-** Fitness Studio (Clubhouse, 2nd Floor)
- FSR-** Fireside Room (by MDR)
- LIB-** Library (Clubhouse, 2nd Floor)
- LL-** Lighthouse Lounge (Bldg. 6000, 4th Floor)
- MDR-** Main Dining Room
- MG-** Mariner's Grille (Clubhouse, 2nd Floor)
- ML-** Main Lobby
- OT-** Occupational Therapy Room (by Avalon)
- PC-** Pickleball Court
- PDR-** Private Dining Room
- PUB-** Jerry Browne Pub
- RCCR-** Residents Council Conference Room (Bldg. 5000, Level 4)
- VG-** Village Green (Outside Mariner Grille)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Call for Appointment:</p> <p>Dr. Hennessey & Catherine Krenicky, APRN (Primary Care) (860) 464-7274 X 112</p> <p>Dr. Lawrence's Office (Podiatrist) (401) 596-0823</p> <p>Dr. Walter's Office (Podiatrist) (860) 599-4555</p> <p>Total Vision (860) 415-9292</p>	<p>DINING ROOM Reservations: (860) 437-4052 Takeout: (860) 572-5671 Monday-Saturday Lunch: 12:00 pm—2:00 pm Dinner: 5:00 pm—7:30 pm Sunday Brunch: 11:00 am—2:00 pm</p> <p>J.B. PUB Monday-Sunday Complimentary Continental Breakfast: 7:30 am—10:30 am</p> <p>MARINER'S GRILLE Reservations: (860) 572-5656 Monday-Saturday Lunch: 12:00 pm—2:00 pm Dinner: 5:00 pm—7:30 pm</p>	<p>Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact:</p> <p>Michael Langlois Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601</p> <p>Tiffany Burley Community Life Services Associate Mon-Thu 9:00 am-4:00 pm Fri 10:00 am-2:00 pm tburley@stoneridgerc.com (860) 437-4041</p> <p>Ceilidh Burdick Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411 Tues-Fri 9:30 am-5:30 pm</p>	<p>Hair Salon & Stylists: Wednesday, Friday, Saturday 9:00 am - 3:00 pm Thursday 9:30 am - 3:00 pm (860) 572-5673</p> <p>Nail Services: Thursday 9:30 am-3:00 pm</p> <p>Country Store Hours: Monday—Saturday 10:30 am - 2:30 pm (860) 572-5654</p>	<div style="border: 1px solid blue; padding: 5px; text-align: center;"> <p>For Medical Appointments, Call the Transportation Department at (860) 572-5604</p> </div>	<p>9:00 Open Studio (CAS) 1</p> <p>10:00 Scholarship Committee (RCCR)</p> <p>1:00 Quilting Lessons with the Stone Quilters (RCCR)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>2:00 May Day Flower Crown or Flower Basket Craft (CAS)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 5, Ep. 6 & Season 6, Ep. 1 (AUD)</p>	<p>9:00 Open Pickleball (PC) 2</p> <p>9:30 Lower Body Strength Seated (918)</p> <p>11:00 Qi Gong (918)</p> <p>1:00 Open Bocce (BC)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "Queen of Katwe" (918)</p> <p>5:00 Kentucky Derby Party (MDR)/(AUD)</p> <p>7:30 Saturday Movie: "Queen of Katwe" (AUD)</p> <div style="border: 1px solid red; padding: 5px; text-align: center;"> <p>Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.</p> </div>
<p>10:30 Catholic Communion 3 Contact Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "Howards End" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>7:30 Sunday Movie: "Howards End" (AUD)</p> <p>mental Health Matters</p>	<p>9:00 Dr. Hennessey, Primary Care (OT) 4</p> <p>10:30 Around Town Tours with Transportation</p> <p>1:00 Ping Pong (AUD)</p> <p>1:30 Mahjong (PUB)</p> <p>1:30 Sit & Stitch/Knitters (RCCR)</p> <p>2:00 Billiards (BR)</p> <p>2:30 Library Committee (PDR)</p> <p>4:00 Margarita Monday Happy Hour (PUB)</p>	<p>9:30 Duplicate Bridge (PUB) 5</p> <p>10:00 Open Pickleball (PC)</p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Health and Wellness Committee (RCCR)</p> <p>2:00 Zen Art: Bookmark making Craft (CAS)</p> <p>4:00 Backgammon (PUB)</p> <p>4:00 Deb Kotchen Art Show Opening "Seascapes and Landscapes" (Art Gallery)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 5, Ep. 6 & Season, 6, Ep. 1 (918)</p>	<p>9:30 Resident Council Special Meeting (RCCR) 6</p> <p>10:30 TRIP: Lunch at Gelston House followed by the Goodspeed Opera House "Jesus Christ Superstar"</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>7:30 Western Movie: "Stagecoach" (AUD)</p> <p>7:30 Poetry in the Pub (PUB)</p>	<p>9:00 Catherine Krenicky, APRN (OT) 7</p> <p>10:00 Open Pickleball (PC)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>10:45 StoneRidge Chorus (AUD)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Grounds and Gardens Committee (RCCR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>2:30 Movie: "Wicked for Good" (AUD)</p> <p>3:00 Facilities Committee</p> <p>7:30 Western Movie: "Stagecoach" (918)</p>	<p>9:00 Open Studio (CAS) 8</p> <p>10:00 Scholarship Committee (RCCR)</p> <p>1:00 Quilting Lessons with the Stone Quilters (RCCR)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 "Sunset Shoreline" Painting Class (CAS)</p> <p>2:00 Billiards (BR)</p> <p>4:00 "Lost Beers" Talk and Tasting with Michael (PUB)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 6, Ep. 2 & 3 (AUD)</p>	<p>9:30 Lower Body Strength Seated (918) 9</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Specialty Bocce Match: "Guys vs Gals" (BC)</p> <p>2:00 Saturday Movie: "Get Low" (918)</p> <p>7:30 Saturday Movie: "Get Low" (AUD)</p> <div style="border: 1px solid blue; padding: 5px; text-align: center;"> <p>Aquatic Center & Fitness Center 7 Days A Week 8:00am—8:00pm</p> </div>
<p>Reoccurring Fitness Classes</p>	<p>MONDAY</p> <p>9:30 Seated Range of Motion (918)</p> <p>9:30 Seated Tap (RSVP Class, FS)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>TUESDAY</p> <p>9:00 Slow Flow H2O (AC)</p> <p>9:30 Lower Body Strength (918)</p> <p>10:00 Zumba Gold (AUD)</p> <p>11:00 Yoga (AUD)</p> <p>2:00 Calming Meditation (918)</p>	<p>WEDNESDAY</p> <p>9:30 Lift & Swim (AC)</p> <p>9:30 Seated Range of Motion (918)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>THURSDAY</p> <p>9:00 Slow Flow H2O (AC)</p> <p>9:30 Lower Body Strength Chair (918)</p> <p>10:00 Heart Healthy Hustle (AUD)</p> <p>11:00 Qi Gong Seated (918)</p> <p>11:00 Tai Chi Balance (RSVP Class, FS)</p> <p>2:00 Positive Energy Meditation (918)</p>	<p>FRIDAY</p> <p>9:30 Lift and Swim (AC)</p> <p>9:30 Seated Range of Motion (918)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>Contact Julie Oliver, Fitness Specialist for more information (860)572-5657</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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10:30 Catholic Communion Contact Kip Brockmyre to sign up **10**

11:00 Qi Gong Seated (918)

2:00 Sunday Movie: "Far and Away" (918)

3:00 Scrabble (PUB)

7:30 Sunday Movie: "Far and Away" (AUD)



9:00 Dr. Hennessey, Primary Care (OT) **11**

1:00 Ping Pong (AUD)

1:30 Sit & Stitch/Knitters (RCCR)

1:30 Mahjong (PUB)

1:30 Culinary Committee (CHR)

2:00 Billiards (BR)

3:30 Braver Angels Session (AUD)

6:30 BINGO! (AUD)

9:00 Dr. Walters, Podiatrist (OT) **12**

9:30 Duplicate Bridge (PUB)

10:00 Open Pickleball (PC)

10:00 Community Life Committee (Conference Room)

1:00 Canasta (PUB)

1:30 Resident-led Pool Volleyball (AC)

1:30 Caregivers Support Group with LoriAnn (PDR)

2:00 Computer & Device Help (MG)

2:30 Great Decisions: "U.S. China Relations" Moderated by Joe Benedict (AUD)

4:00 Backgammon (PUB)

5:30 Take Out Dinner with Ralph Wood (CHR)

7:30 Friday Series: "Seaside Hotel" Season 6, Ep. 2 & 3 (918)

9:15 Community Connections Meeting (RCCR) **13**

11:00 Bea Smith Clothing (FSR)

11:45 TRIP: Lunch at Drift and Connecticut River Museum

1:30 Episcopal Service (AUD)

1:30 Rosary Service (ARR)

7:30 Western Movie: "Tender Mercies" (AUD)

9:00 Catherine Krenicky, APRN (OT) **14**

9:00 Committee Chairs Meeting (CHR)

10:00 Open Pickleball (PC)

10:00 Coffee and Conversations with the Resident Council (PUB)

10:45 StoneRidge Chorus (AUD)

1:00 Cribbage (PUB)

1:00 Welcome Committee (CHR)

2:00 Computer & Device Help (MG)

3:00 Nick Bellantoni: "MysteryQuest: Hitler's Escape" (AUD)

7:30 Western Movie: "Tender Mercies" (918)

9:00 Open Studio (CAS) **15**

10:00 Scholarship Committee (RCCR)

1:00 Quilting Lessons with the Stone Quilters (RCCR)

1:30 Mahjong (PUB)

2:00 "Delightful Daisy" Acrylic Painting Class (CAS)

2:00 Billiards (BR)

3:00 "Understanding Balance and Gait Issues" with Dr. Elena Bortan

7:30 Friday Series: "Seaside Hotel" Season 6, Ep. 4 & 5 (AUD)

9:30 Lower Body Strength, Seated (918) **16**

10:00 Open Pickleball (PC)

11:00 Qi Gong (918)

1:00 Open Bocce (BC)

1:30 Mindful Meditation (918)

2:00 Saturday Movie: "Magic of Belle Island" (918)

7:30 Saturday Movie: "Magic of Belle Island" (AUD)



10:30 Catholic Communion Contact Kip Brockmyre to sign up **17**

11:00 Qi Gong Seated (918)

2:00 Sunday Movie: "One Battle After Another" (918)

3:00 Scrabble (PUB)

7:30 Sunday Movie: "One Battle After Another" (AUD)

9:00 Dr. Hennessey, Primary Care (OT) **18**

1:00 Ping Pong (AUD)

1:30 Mahjong (PUB)

1:30 Sit & Stitch/Knitters (RCCR)

2:00 Billiards (BR)

2:00 Portal Informational Meeting (AUD)

3:00 Finance Committee (RCCR)

4:00 Happy Hour (PUB)

6:30 BINGO! (AUD)

9:30 Duplicate Bridge (PUB) **19**

10:00 Open Pickleball (PC)

1:00 Canasta

1:00 Book Club (AUD)

1:30 Resident-led Pool Volleyball (AC)

1:30 Residents for Conservation Action (RCCR)

2:00 Computer & Device Help (MG)

3:00 Buddy Bingo (AUD)

4:00 Backgammon (PUB)

7:30 Friday Series: "Seaside Hotel" Season 6, Ep. 4 & 5 (918)

No In-Person Fitness Classes in the Auditorium *Please Note New Day* **20**

9:30 Resident Update Meeting Buildings 1, 2, & 3 (AUD)

10:00 Total Vision (OT)

11:00 Resident Update Meeting Buildings 4, 5, & 6 (AUD)

1:10 Transportation to Parkinson's Support Group at Masonicare Contact LoriAnn to sign up (CHR)

1:30 Episcopal Service (AUD)

1:30 Rosary Service (ARR)

3:00 Art Talks with Ceilidh: "Asian & Polynesian Art" (PUB)

7:30 Western Movie: "The Man Who Shot Liberty Valance" (AUD)

9:00 Catherine Krenicky, APRN (OT) **21**

9:30 Resident Council Meeting (RCCR)

10:00 Open Pickleball (PC)

10:30 Blood Pressure Clinic (Linda Hart's Office)

10:45 StoneRidge Chorus (AUD)

1:00 Cribbage (PUB)

1:00 Resident Marketing Committee (RCCR)

2:00 Stone Quilters (RCCR)

2:00 Computer & Device Help (MG)

3:00 MysteryQuest Showing of "Hitler's Escape" (AUD)

7:30 Western Movie: "The Man Who Shot Liberty Valance" (918)

7:30 As Time Goes By - Swing/Jazz Band

9:00 Open Studio (CAS) **22**

10:00 Scholarship Committee (RCCR)

1:00 Quilting Lessons with the Stone Quilters (RCCR)

1:00 "Mt. Fuji" Acrylic Painting Class (CAS)

1:30 Mahjong (PUB)

2:00 Billiards (BR)

3:00 Thurza Bendokas Cello Concert (AUD)

7:30 Friday Series: "Seaside Hotel" Season 6, Ep. 6 & Season 7, Ep. 1 (AUD)

9:00 Shred-It Event (Outside Auditorium) **23**

9:30 Lower Body Strength Seated (918)

10:00 Open Pickleball (PC)

11:00 Qi Gong (918)

1:30 Mindful Meditation (918)

2:00 Saturday Movie: "Best in Show" (918)

2:00 Specialty Bocce Match: "Matts Minions vs Resident Rollers" (BC)

7:30 Saturday Movie: "Best in Show" (AUD)

10:30 Catholic Communion Contact Kip Brockmyre to sign up **24**

11:00 Qi Gong Seated (918)

2:00 Sunday Movie: "Roofman" (918)

3:00 Scrabble (PUB)

7:30 Sunday Movie: "Roofman" (AUD)

No In-Person Fitness Classes in the Auditorium **25**

12:00 Memorial Day Picnic on the Grille Patio (Sign up at the Dining Podium)

1:00 Ping Pong (AUD)

1:30 Sit & Stitch/Knitters (RCCR)

1:30 Mahjong (PUB)

2:00 Billiards (BR)



9:30 Duplicate Bridge (PUB) **26**

10:00 Open Pickleball (PC)

1:00 Canasta (PUB)

1:30 Resident-led Pool Volleyball (AC)

1:30 Caregiver's Support Group with Lori Ann (CHR)

2:00 Computer & Device Help (MG)

2:00 Crow's Nest Board Meeting (PDR)

4:00 Backgammon (PUB)

4:00 "My Life in Watercolor" with Master Watercolorist Jeanne Carol Potter (AUD)

7:30 Friday Series: "Seaside Hotel" Season 6, Ep. 6 & Season 7 Ep. 1 (918)

1:00 TRIP: Walking with Julie at Wilcox Park **27**

1:00 Recreation Committee (RCCR)

1:30 Episcopal Service (AUD)

1:30 Rosary Service (ARR)

3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB)

3:00 Stanley Carpenter American Revolution Lecture Part 1 (AUD)

7:30 Western Movie: "The Good, the Bad and the Ugly" (AUD)

9:00 Catherine Krenicky, APRN (OT) **28**

9:30 Zibrio Balance Assessment (LoriAnn's Office)

10:00 Open Pickleball (PC)

10:30 Blood Pressure Clinic (Linda Hart's Office)

10:45 StoneRidge Chorus (AUD)

1:00 Cribbage (PUB)

2:00 Computer & Device Help (MG)

3:00 Chorus Concert (AUD)

7:30 Western Movie: "The Good, the Bad and the Ugly" (918)

9:00 Open Studio (CAS) **29**

10:00 Scholarship Committee (RCCR)

1:00 Quilting Lessons with the Stone Quilters (RCCR)

1:30 Mahjong (PUB)

2:00 Billiards (BR)

3:00 Stanley Carpenter American Revolution Lecture Part 2 (AUD)

7:30 Friday Series: "Seaside Hotel" Season 7, Ep. 2 & 3 (AUD)

Transportation Sign-up for Shopping in the Transportation Book in the Mail Room.

9:30 Lower Body Strength Seated (918) **30**

10:00 Open Pickleball (PC)

11:00 Qi Gong (918)

1:00 Open Bocce (BC)

1:30 Mindful Meditation (918)

2:00 Saturday Movie: "Ghost" (918)

2:00 Bring your Child to Work Day (VG)

7:30 Saturday Movie: "Ghost" (AUD)

SUNDAY

9:00 Transportation to Mystic Congregational Church

9:45 Transportation to St. Patrick's Church

MONDAY

8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments

1:30 Grocery Shopping: McQuade's and Big Y

TUESDAY

8:30-3:00 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments

WEDNESDAY

8:30-3:00 Backus Hospital and Surrounding Areas Doctors Appointments

THURSDAY

8:30-3:00 Mystic, Stonington, Westerly Doctors Appointments

FRIDAY 1:30 Shopping

1st- Waterford Walmart & Lowes

8th- Groton Rte 1 & Groton Shopping Plaza

15th- Waterford Target, Costco, New London Mall

22nd- Downtown Westerly & Westerly Shopping Center

Reoccurring Transportation Sunday - Friday