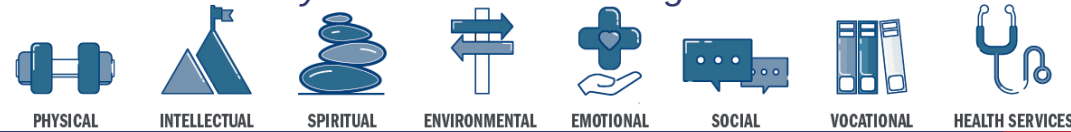






# July 2026

"The Second Day of July 1776, will be the most memorable Epocha, in the History of America. I am apt to believe that it will be celebrated, by succeeding Generations, as the great anniversary Festival." —Founding Father John Adams



- 918- TV Channel 918
- AC- Aquatic Center (Clubhouse, 2nd Floor)
- ARR- Avalon Recreation Room
- AUD- Auditorium
- BC- Bocce Court
- BR- Billiards Room (Bldg. 5000, Level 3)
- CAS- Creative Arts Studio (Clubhouse, 2nd Floor)
- CR- Conference Room
- CHR- Chart Room (by MDR)
- FS- Fitness Studio (Clubhouse, 2nd Floor)
- FSR- Fireside Room (by MDR)
- LIB- Library (Clubhouse, 2nd Floor)
- LL- Lighthouse Lounge (Bldg. 6000, 4th Floor)
- MDR- Main Dining Room
- MG- Mariner's Grille (Clubhouse, 2nd Floor)
- ML- Main Lobby
- OT- Occupational Therapy Room (by Avalon)
- PC- Pickleball Court
- PDR- Private Dining Room
- PUB- Jerry Browne Pub
- RCCR- Residents Council Conference Room (Bldg. 5000, Level 4)
- VG- Village Green (Outside Mariner Grille)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact:</p> <p><b>Michael Langlois</b> Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601</p> <p><b>Ceilidh Burdick</b> Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411 Tue-Fri 9:30-5:30</p> <p><b>Tiffany Burley</b> Community Life Services Associate tburley@stoneridgerc.com (860) 437-4041 Mon-Thurs 9:00 am-4:00 pm Fri 10:00 am-2:00 pm</p>	<p style="text-align: center;">Call for Appointment: <b>Dr. Hennessey &amp; Catherine Krenicky, APRN</b> (Primary Care) (860) 464-7274 X112</p> <p style="text-align: center;"><b>Dr. Lawrence's Office</b> (Podiatrist) (401) 596-0823</p> <p style="text-align: center;"><b>Dr. Walter's Office</b> (Podiatrist) (860) 599-4555</p> <p style="text-align: center;"><b>Total Vision</b> (860) 415-9292</p>	<p style="text-align: center;"><b>DINING ROOM</b> Reservations: (860) 437-4052 Takeout: (860) 572-5671 Monday-Saturday Lunch: 12:00-2:00 pm Dinner: 5:00-7:30 pm Sunday Brunch: 11:00-2:00 pm</p> <p style="text-align: center;"><b>J.B. PUB</b> Monday-Sunday Complimentary Continental Breakfast: 7:30-10:30 am</p> <p style="text-align: center;"><b>MARINER'S GRILLE</b> Reservations: (860) 572-5656 Monday-Saturday Lunch: 12:00-2:00 pm Dinner: 5:00-7:30 pm</p>	<p><b>11:00 TRIP: Lunch at Griswold Inn Followed by Ivoryton Playhouse "1776"</b></p> <p><b>12:00 Video: "The Declaration of Independence: America's Birth Certificate" Episodes 1-3 (918)</b></p> <p>1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR)</p> <p><b>7:30 Western Movie: "The Treasure of the Sierra Madre" (AUD)</b></p> <p><b>7:30 Poetry in the Pub (PUB)</b></p>	<p><b>9:00 Catherine Krenicky, APRN (OT)</b></p> <p>9:00 Open Pickleball (PC) 9:30 Community Connections (RCCR)</p> <p><b>10:30 Blood Pressure Clinic (Linda Hart's Office)</b></p> <p><b>12:00 Video: "The Declaration of Independence: America's Birth Certificate" Episodes 4-6 (918)</b></p> <p>1:00 Cribbage (PUB) <b>2:00 Computer &amp; Device Help (MG)</b></p> <p><b>3:00 Reading of the Declaration of Independence (AUD)</b></p> <p>3:00 Facilities Committee (RCCR) 7:30 Western Movie: "The Treasure of the Sierra Madre" (918)</p>	<p><b>No In-Person Fitness Classes Due to Holiday</b></p> <p><b>12:00 Video: "The Declaration of Independence: America's Birth Certificate" Episodes 7-9 (918)</b></p> <p>1:00 Quilting Lessons with the Stone Quilters (RCCR)</p> <p>1:30 Mahjong (PUB) 2:00 Billiards (BR)</p> <p><b>7:30 Friday Series: "A Small Light" Season 1, Episodes 1 &amp; 2 (AUD)</b></p>	<p>9:00 Open Pickleball (PC) 9:30 Lower Body Strength Seated (918)</p> <p>11:00 Qi Gong (918)</p> <p><b>12:00 4<sup>th</sup> of July Picnic (VG)</b></p> <p>1:30 Mindful Meditation (918) 2:00 Saturday Movie: "1776" (918)</p> <p><b>3:00 Geoff Kaufman: "Music for America's 250th" Concert (AUD)</b></p> <p><b>5:00 Video: "The Declaration of Independence: America's Birth Certificate" Episodes 10-12 (918)</b></p> <p><b>7:30 Saturday Movie: "1776" (AUD)</b></p>
<p><b>10:30 Catholic Communion Contact Kip Brockmyre to Sign up</b></p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "Midnight in Paris" (918)</p> <p>3:00 Cornhole &amp; Ping Pong (AUD)</p> <p>3:00 Scrabble (PUB)</p> <p><b>7:30 Sunday Movie: "Midnight in Paris" (AUD)</b></p>	<p><b>1:30 Sit &amp; Stitch/Knitters (RCCR)</b></p> <p>1:30 Mahjong (PUB) 2:00 Billiards (BR)</p> <p><b>3:00 Nature Video- "The America's" Season 1, Eps. 1 &amp; 2 (AUD)</b></p> <div style="border: 2px solid red; padding: 5px; margin-top: 10px;"> <p style="color: red; text-align: center;">Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.</p> </div>	<p>9:00 Open Pickleball (PC) 9:30 Duplicate Bridge (PUB)</p> <p>1:00 Canasta (PUB) 1:30 Resident-led Pool Volleyball (AC)</p> <p><b>2:00 Computer and Device Help (MG)</b></p> <p>2:00 Health and Wellness Committee (RCCR)</p> <p><b>3:00 Jukebox 45 Doo Wop Group (AUD)</b></p> <p>4:00 Backgammon (PUB) 7:30 Friday Series: "A Small Light" Season 1, Episodes 1 &amp; 2 (918)</p>	<p><b>1:00 TRIP: Avery Point Walking Trip with Julie</b></p> <p>1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR)</p> <p><b>3:00 Bocce Season Ending Specialty Match: "Battle of the Sexes" (BC)</b></p> <p><b>7:30 Western Movie: "Cimarron" (AUD)</b></p>	<p><b>9:00 Catherine Krenicky, APRN (OT)</b></p> <p>9:00 Open Pickleball (PC) 9:30 Community Connections (RCCR)</p> <p><b>10:00 Coffee and Conversations with the Resident Council (PUB)</b></p> <p><b>10:30 Blood Pressure Clinic (Linda Hart's Office)</b></p> <p>1:00 Grounds and Gardens Committee (RCCR) 1:00 Cribbage (PUB) <b>2:00 Computer &amp; Device Help (MG)</b></p> <p><b>3:00 Brian Koehler "Stars and Stripes" Astronomy Presentation (AUD)</b></p> <p>7:30 Western Movie: "Cimarron" (918)</p>	<p>1:00 Quilting Lessons with the Stone Quilters (RCCR)</p> <p>1:30 Mahjong (PUB) 2:00 Billiards (BR)</p> <p><b>2:00 Letters to America (AUD)</b></p> <p><b>3:00 Colonial Tavern Happy Hour with music by Ben Shafer and Soleig Millet (PUB)</b></p> <p><b>7:30 Friday Series: "A Small Light" Season 1, Episodes 3 &amp; 4 (AUD)</b></p> <div style="text-align: center; margin-top: 20px;"> </div>	<p>9:00 Open Pickleball (PC) 9:30 Lower Body Strength Seated (918)</p> <p>11:00 Qi Gong (918) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "The Riddle of the Sands" (918)</p> <p><b>7:30 Saturday Movie: "The Riddle of the Sands" (AUD)</b></p> <div style="border: 2px solid blue; padding: 5px; margin-top: 10px; text-align: center;"> <p style="color: blue;">Aquatic Center &amp; Fitness Center 7 Days A Week 8:00am-8:00pm</p> </div>
<p><b>Reoccurring Fitness Classes</b></p>	<p><b>MONDAY</b> 9:30 Seated Range of Motion (918) <b>9:30 Seated Tap (RSVP Class FS)</b> 10:30 Stable &amp; Strong (AUD) 8:30 Meditation for Relaxation (918)</p>	<p><b>TUESDAY</b> 9:00 Slow Flow H2O (AC) 9:30 Lower Body Strength (918) 10:00 Zumba Gold (AUD) 11:00 Yoga (AUD) 2:00 Calming Meditation (918)</p>	<p><b>WEDNESDAY</b> 9:30 Lift &amp; Swim (AC) 9:30 Seated Range of Motion (918) 10:30 Stable &amp; Strong (AUD) 8:30 Meditation for Relaxation (918)</p>	<p><b>THURSDAY</b> 9:00 Slow Flow H2O (AC) 9:30 Lower Body Strength Chair (918) 10:00 Heart Healthy Hustle (AUD) 11:00 Qi Gong Seated (918) <b>11:00 Tai Chi Balance (RSVP Class FS)</b> 2:00 Positive Energy Meditation (918)</p>	<p><b>FRIDAY</b> 9:30 Lift and Swim (AC) 9:30 Seated Range of Motion (918) 10:30 Stable &amp; Strong (AUD) 8:30 Meditation for Relaxation (918)</p>	<p><b>Contact Julie Oliver, Fitness Specialist for more information (860) 572-5657</b></p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>10:30 Catholic Communion Contact Kip Brockmyre to sign up</b> <b>12</b></p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "Nebraska" (918)</p> <p>3:00 Cornhole and Ping Pong (AUD)</p> <p>3:00 Scrabble (PUB)</p> <p><b>7:30 Sunday Movie: "Nebraska" (AUD)</b></p>	<p><b>9:00 Dr. Hennessey, Primary Care (OT)</b> <b>13</b></p> <p>9:30 Community Connections (RCCR)</p> <p>1:30 Sit &amp; Stitch/Knitters (RCCR)</p> <p>1:30 Culinary Committee (CHR)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p><b>3:00 K&amp;K Piano Concert (AUD)</b></p>	<p>9:00 Open Pickleball (PC) <b>14</b></p> <p>9:30 Duplicate Bridge (PUB)</p> <p>10:00 Community Life Services Committee (CR)</p> <p>1:00 Canasta (PUB)</p> <p><b>1:30 Caregivers Support Group With LoriAnn (PDR)</b></p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p><b>2:00 Computer &amp; Device Help (MG)</b></p> <p>4:00 Backgammon (PUB)</p> <p><b>5:30 Take Out Dinner with Ralph Wood (CHR)</b></p> <p>7:30 Friday Series: "A Small Light" Season 1, Episodes 3 &amp; 4 (918)</p>	<p><b>11:15 TRIP: Argia Noon Sail</b> <b>15</b></p> <p><b>1:10 Transportation to Parkinson's support Group at Masonicare Contact LoriAnn to Sign Up</b></p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p><b>7:30 Western Movie: "Tombstone" (AUD)</b></p> 	<p><b>No In-Person Fitness Classes in the Auditorium</b> <b>16</b></p> <p><b>9:00 Catherine Krenicky, APRN (OT)</b></p> <p>9:00 Open Pickleball (PC)</p> <p>9:30 Committee Chairs Meeting (CHR)</p> <p><b>10:30 Blood Pressure Clinic (Linda Hart's Office)</b></p> <p><b>11:00 Bank Square Books Book Fair (AUD)</b></p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Marketing Committee (RCCR)</p> <p>1:00 Welcome Committee (CHR)</p> <p>2:00 Stone Quilters (RCCR)</p> <p><b>2:00 Computer &amp; Device Help (MG)</b></p> <p>7:30 Western Movie: "Tombstone" (918)</p>	<p>1:00 Quilting Lessons with the Stone Quilters (RCCR) <b>17</b></p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p><b>3:00 "The American Revolution: A 250<sup>th</sup> Anniversary Perspective" Part 3 with Stanley Carpenter (AUD)</b></p> <p><b>7:30 Friday Series: "A Small Light" Season 1, Episodes 5 &amp; 6 (AUD)</b></p>	<p>9:30 Lower Body Strength, Seated (918) <b>18</b></p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "The Trip to Bountiful" (918)</p> <p><b>7:30 Saturday Movie: "The Trip to Bountiful" (AUD)</b></p> <div style="border: 1px solid red; padding: 5px; text-align: center;"> <p>Transportation Sign-up for Shopping in the Transportation Book in the Mail Room.</p> </div>
<p><b>10:30 Catholic Communion Contact Kip Brockmyre to sign up</b> <b>19</b></p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "The Sheep Detectives" (918)</p> <p>3:00 Cornhole and Ping Pong (AUD)</p> <p>3:00 Scrabble (PUB)</p> <p><b>7:30 Sunday Movie: "The Sheep Detectives" (AUD)</b></p> 	<p><b>9:00 Dr. Hennessey, Primary Care (OT)</b> <b>20</b></p> <p>1:00 Duplicate Bridge (PUB)</p> <p>1:30 Sit &amp; Stitch/Knitters (RCCR)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>3:00 Finance Committee Meeting (RCCR)</p> <p><b>4:00 Happy Hour (PUB)</b></p>	<p><b>No In-Person Fitness Classes in the Auditorium</b> <b>21</b></p> <p>9:00 Open Pickleball (PC)</p> <p><b>9:00 Dr. Walters, Podiatrist (OT)</b></p> <p><b>9:30 Resident Update Meeting Buildings 1, 2, 3 (AUD)</b></p> <p><b>11:00 Resident Update Meeting Buildings 4, 5, 6 (AUD)</b></p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p><b>2:00 Computer &amp; Device Help (MG)</b></p> <p><b>2:00 Zen Art Hour (LL)</b></p> <p><b>3:00 Author Eric Jay Dolin The Wreck of the Mentor (AUD)</b></p> <p>4:00 Backgammon (PUB)</p> <p>7:30 Friday Series: "A Small Light" Season 1, Episodes 5 &amp; 6 (918)</p>	<p>9:30 Resident Council Meeting (RCCR) <b>22</b></p> <p><b>10:00 Total Vision (OT)</b></p> <p><b>11:00 TRIP: Lunch at the Gelston House then Goodspeed "Crazy for You"</b></p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p><b>7:30 Western Movie: "The Misfits" (AUD)</b></p>	<p>9:30 Community Connections (RCCR) <b>23</b></p> <p>9:00 Open Pickleball (PC)</p> <p><b>10:00 Balance Program (Linda Hart's Office)</b></p> <p><b>10:30 Blood Pressure Clinic (Linda Hart's Office)</b></p> <p>1:00 Cribbage (PUB)</p> <p><b>2:00 Computer &amp; Device Help (MG)</b></p> <p><b>3:00 John Hughes Kora Performance and Presentation (AUD)</b></p> <p>7:30 Western Movie: "The Misfits" (918)</p>	<p>1:00 Quilting Lessons with the Stone Quilters (RCCR) <b>24</b></p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p><b>3:00 "60 Minutes" Talk with Emmy-Award Winning Producer Michael Rey (AUD)</b></p> <p><b>7:30 Friday Series: "A Small Light" Season 1, Episodes 7 &amp; 8 (AUD)</b></p>	<p>9:30 Lower Body Strength Seated (918) <b>25</b></p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "The Green Glove" (918)</p> <p><b>7:30 Saturday Movie: "The Green Glove" (AUD)</b></p>
<p><b>10:30 Catholic Communion Contact Kip Brockmyre to sign up</b> <b>26</b></p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "The Ballad of Wallis Island" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>3:00 Cornhole and Ping Pong (AUD)</p> <p><b>7:30 Sunday Movie: "The Ballad of Wallis Island" (AUD)</b></p> <div style="background-color: #333; color: white; padding: 5px; text-align: center;"> <p>For Medical Appointments, Call the Transportation Department at (860) 572-5604</p> </div>	<p><b>9:00 Dr. Hennessey, Primary Care (OT)</b> <b>27</b></p> <p>1:30 Sit &amp; Stitch/Knitters (RCCR)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p><b>3:00 Nature Video- "The America's" Season 1, Eps. 3 &amp; 4 (AUD)</b></p>	<p>9:00 Open Pickleball (PC) <b>28</b></p> <p>9:30 Duplicate Bridge (PUB)</p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p><b>2:00 Computer &amp; Device Help (MG)</b></p> <p><b>3:00 Bob Huessler Talk - "The Greatest Athletes in Connecticut History" (AUD)</b></p> <p>4:00 Backgammon (PUB)</p> <p>7:30 Friday Series: "A Small Light" Season 1, Episodes 7 &amp; 8 (918)</p>	<p><b>11:00 TRIP: Lunch at Costello's</b> <b>29</b></p> <p>1:00 Recreation Committee (RCCR)</p> <p>1:30 Episcopal Service (CHR)</p> <p>1:30 Rosary Service (ARR)</p> <p><b>3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB)</b></p> <p><b>7:30 Western Movie: "True Grit" (AUD)</b></p>	<p><b>9:00 Catherine Krenicky, APRN (OT)</b> <b>30</b></p> <p>9:30 Community Connections (RCCR)</p> <p>9:00 Open Pickleball (PC)</p> <p><b>10:30 Blood Pressure Clinic (Linda Hart's Office)</b></p> <p>1:00 Cribbage (PUB)</p> <p><b>2:00 Computer &amp; Device Help (MG)</b></p> <p><b>3:00 "Movement Preservation Surgery Options" with Dr. Mark Hornyak (AUD)</b></p> <p>7:30 Western Movie: "True Grit" (918)</p>	<p>1:00 Quilting Lessons with the Stone Quilters (RCCR) <b>31</b></p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p><b>3:00 Crafting for a Cause: Alzheimer's (AUD)</b></p> <p><b>7:30 Friday Series: "Seaside Hotel" Season 9, Episodes 1 &amp; 2 (AUD)</b></p>	<p><b>Hair Salon &amp; Stylists:</b> Wednesday, Friday, Saturday 9am - 3pm Thursday 9:30am - 3pm (860) 572-5673</p> <p><b>Nail Services:</b> Thursday 9:30am-3pm</p> <hr/> <p><b>Country Store Hours:</b> Monday-Saturday 10:30 am - 2:30 pm (860) 572-5654</p>
<p><b>SUNDAY</b></p> <p>9:00 Transportation to Mystic Congregational Church</p> <p>9:45 Transportation to St. Patrick's Church</p>	<p><b>MONDAY</b></p> <p>8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments</p> <p>1:30 Grocery Shopping: McQuade's and Big Y</p>	<p><b>TUESDAY</b></p> <p>8:30-3:00 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments</p>	<p><b>WEDNESDAY</b></p> <p>8:30-3:00 Backus Hospital and Surrounding Areas Doctors Appointments</p>	<p><b>THURSDAY</b></p> <p>8:30-3:00 Mystic, Stonington, Westerly Doctors Appointments</p>	<p><b>FRIDAY 1:30 Shopping</b></p> <p>3rd- Waterford Walmart &amp; Lowes</p> <p>10th- Groton Rte 1 &amp; Groton Shopping Plaza</p> <p>17th- Waterford Target, Costco, New London Mall</p> <p>24th- Downtown Westerly &amp; Westerly Shopping Center</p>	<p><b>Reoccurring Transportation Sunday - Friday</b></p>

