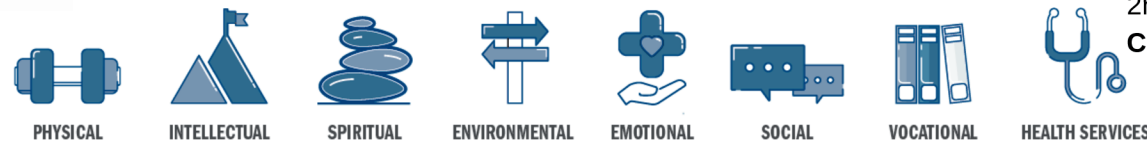




September 2025

"Life starts all over again when it gets crisp in the fall."
-F. Scott Fitzgerald



918- TV Channel 918
AC- Aquatic Center (Clubhouse, 2nd Floor)
ARR- Avalon Recreation Room
AUD- Auditorium
BR- Billiards Room (Bldg. 5000, Level 3)
CAS- Creative Arts Studio (Clubhouse, 2nd Floor)
CHR- Chart Room (by MDR)
FS- Fitness Studio (Clubhouse, 2nd Floor)
FSR- Fireside Room (by MDR)
LIB- Library (Clubhouse, 2nd Floor)
LL- Lighthouse Lounge (Bldg. 6000, 4th Floor)
MDR- Main Dining Room
MG- Mariner's Grille (Clubhouse, 2nd Floor)
ML- Main Lobby
OT- Occupational Therapy Room (by Avalon)
PC- Pickleball Court
PDR- Private Dining Room
PUB- Jerry Browne Pub
RCCR- Residents Council Conference Room (Bldg. 5000, Level 4)
VG- Village Green (Outside Mariner Grille)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact: Michael Langlois Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601 Taylor Palmer Community Life Services Associate tpalmer@stoneridgerc.com (860) 437-4041 Ceilidh Burdick Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411	12:00 Labor Day Picnic (Grille 1 Patio & VG) Sign Up at the Dining Podium 1:00 Party Bridge (PUB) 1:30 Sit & Stitch/Knitters (RCCR) 2:00 Billiards (BR) No McQuade's Shopping Today Due to the Holiday No BINGO Today LABOR DAY	9:00 Open Pickleball (PC) 2 9:30 Duplicate Bridge (PUB) 1:00 Canasta (PUB) 1:00 Walking Trip with Julie: Watch Hill Lighthouse 2:00 Computer & Device Help (MG) 2:00 Health and Wellness Committee (RCCR) 2:00 Beginner Painting Step-by-Step Lemon Slice (CAS) 2:30 Resident-led Pool Volleyball (AC) 4:00 Backgammon (PUB) 7:30 Friday Series: "Keeping Up Appearances" S. 2, Ep. 10 & 11 (918)	10:00 TotalVision (OT) 3 10:50 TRIP: Lunch at The Griswold Inn then My Fair Lady at Ivoryton Playhouse 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 7:30 Musical Movie: "Cats" (AUD) 7:30 Poetry in the Pub (PUB)	No In-Person Fitness Classes in the Auditorium 4 9:00 Catherine Krenicky, APRN (OT) 9:00 Open Pickleball (PC) 9:30 Phase 4 Update Meeting with Scott Bldgs. 1, 2, 3 (AUD) 11:00 Phase 4 Update Meeting with Scott Bldgs. 4, 5, 6 (AUD) 1:00 Cribbage (PUB) 1:00 Grounds and Gardens Committee (RCCR) 2:00 Computer & Device Help (MG) 3:00 Facilities Committee (RCCR) 4:00 K & K Piano Duet 7:30 Musical Movie: "Cats" (918)	11:00 Health & Wellness Conversations with LoriAnn (PUB) 5 12:30 Upcoming Events (918) 1:00 Quilting Lessons with the Stone Quilters (RCCR) 1:30 Mahjong (PUB) 2:00 Billiards (BR) 3:00 IT Specialist Lecture: What is AI and How Can You Use It (AUD) 7:00 Poker (PUB) 7:30 Friday Series: "Stick" S. 1, Ep. 1 & 2 (AUD)	9:00 Open Pickleball (PC) 6 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:00 Open Bocce (BC) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Sunday Best" (918) 2:00 Bocce Match: My Fair Lady "Gentry vs Cockneys" (BC) 7:30 Saturday Movie: "Sunday Best" (AUD) Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.
10:30 Catholic Communion 7 Contact Kip Brockmyre to sign up 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: "Hud" (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: "Hud" (AUD)	9:00 Dr. Hennessey, Primary Care (OT) 8 10:30 Around Town Tour with Transportation 1:00 Party Bridge (PUB) 1:30 Sit & Stitch/Knitters (RCCR) 1:30 Food and Beverage Committee (PDR) 2:00 Billiards (BR) 2:30 Library Committee (PDR) 2:30 Star Trek Day Movie: "Wrath of Kahn" (AUD) 6:30 BINGO! (AUD)	9:00 Open Pickleball (PC) 9 9:30 Duplicate Bridge (PUB) 1:00 Canasta (PUB) 1:30 Caregivers Support Group with LoriAnn (PDR) 2:00 Computer & Device Help (MG) 2:30 Resident-led Pool Volleyball (AC) 2:30 Great Decisions: International Cooperation and Climate Change with Moderator Jack Spinner (AUD) 4:00 Backgammon (PUB) 5:30 Take Out Dinner with Ralph Wood (CHR) 7:30 Friday Series: "Stick" S. 1, Ep. 1 & 2 (918)	10:00 TRIP: Topgolf Cranston 10 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 3:00 Cultural Craft: City Silhouettes Painting (CAS) 7:30 Musical Movie: "Into the Woods" (918) 7:30 Hot Cat Jazz Band- 1950s (AUD)	9:00 Catherine Krenicky, APRN (OT) 11 9:00 Open Pickleball (PC) 10:00 Coffee and Conversations with the Resident Council (PUB) 1:00 Cribbage (PUB) 1:00 Welcome Committee (CHR) 2:00 Stone Quilters (RCCR) 2:00 Computer & Device Help (MG) 3:00 Broadway Comes to StoneRidge Video: "Come From Away" (AUD) 7:30 Musical Movie: "Into the Woods" (AUD)	11:00 Health & Wellness Conversations with LoriAnn (PUB) 12 12:30 Upcoming Events (918) 1:00 Quilting Lessons with the Stone Quilters (RCCR) 1:30 Mahjong (PUB) 2:00 Billiards (BR) 2:00 Advanced Acrylic Painting with Ceilidh (CAS) 4:00 Dr. Richard Benfield Lecture "Goths, Gargoyles and God: The Building of Europe's Magnificent Cathedrals from 1000 AD to 1500 AD" (AUD) 7:00 Poker (PUB) 7:30 Friday Series: "Stick" S. 1, Ep. 3, 4, 5 (AUD)	9:00 Open Pickleball (PC) 13 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:00 Open Bocce (BC) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: "Your Friend, Nate Bargatze" (918) 7:30 Saturday Movie: "Your Friend, Nate Bargatze" (AUD) Aquatic Center & Fitness Center 7 Days A Week 8:00am—8:00pm
Reoccurring Fitness Classes	MONDAY 9:30 Seated Range of Motion (918) 9:30 Seated Tap (RSVP Class FS) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)	TUESDAY 9:00 Slow Flow H2O (AC) 9:30 Lower Body Strength (918) 10:00 Zumba Gold (AUD) 11:00 Yoga (AUD) 2:00 Calming Meditation (918)	WEDNESDAY 9:30 Lift & Swim (AC) 9:30 Seated Range of Motion (918) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)	THURSDAY 9:00 Slow Flow H2O (AC) beginning 9/11 9:30 Lower Body Strength Chair (918) 10:00 Heart Healthy Hustle (AUD) 10:35 Range of Motion Exercises (FS) 11:00 Qi Gong Seated (918) 11:00 Tai Chi Balance (RSVP Class FS) 2:00 Positive Energy Meditation (918)	FRIDAY 9:30 Seated Range of Motion (918) 10:30 Stable & Strong (AUD) 8:30 Meditation for Relaxation (918)	Contact Julie Oliver, Fitness Specialist for more Information (860)572-5657

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30 Catholic Communion Contact Kip Brockmyre to sign up 11: 00 Qi Gong Seated (918) 2:00 Sunday Movie: “Rear Window” (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: “Rear Window” (AUD)	9:00 Dr. Hennessey, Primary Care (OT) 1:00 Duplicate Bridge (PUB) 1:30 <i>Sit & Stitch/Knitters (RCCR)</i> 2:00 Billiards (BR) 4:00 Happy Hour (PUB) 6:30 BINGO! (AUD)	No In-Person Fitness Classes in the Auditorium 9:00 Open Pickleball (PC) 11:00 Resident Update Meeting (AUD) <i>1:00 Residents for Conservation Action (RCCR)</i> 1:00 Canasta (PUB) 1:30 Nutrition Talk with Lindsay D’Amato (CHR) 2:00 Computer & Device Help (MG) 2:30 Resident-led Pool Volleyball (AC) 3:00 Culturally Curious with Ivory and Gold: Berlin and Kern (AUD) 4:00 Backgammon (PUB) 7:30 Friday Series: “Stick” S. 1, Ep. 3, 4, 5 (918)	1:10 Transportation to Parkinson’s Support Group at Masonicare-Sign Up with LoriAnn 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 3:00 Art Talks with Ceilidh: Art and Education (PUB) 7:30 Musical Movie: “The Country Girl” (AUD)	9:00 Open Pickleball (PC) 10:45 StoneRidge Chorus Practice (AUD) 1:00 Power Scooter Training and Assessments with Physical Therapy- By Appointment (AUD) 1:00 Cribbage (PUB) 1:00 <i>Marketing Committee (RCCR)</i> 1:00 <i>Community Life Committee (CHR)</i> 2:00 <i>Stone Quilters (RCCR)</i> 2:00 Memoir Writing (LL) 2:00 Computer & Device Help (MG) 7:30 Musical Movie: “The Country Girl” (918)	11:00 Health & Wellness Conversations with LoriAnn (PUB) 12:30 Upcoming Events (918) 1:00 <i>Quilting Lessons with the Stone Quilters (RCCR)</i> 1:30 Mahjong (PUB) 2:00 Billiards (BR) 2:00 Advanced Acrylics Painting with Ceilidh (CAS) 7:00 Poker (PUB) 7:30 Friday Series: “Stick” S. 1, Ep. 6, 7, 8 (AUD)	9:00 Open Pickleball (PC) 9:30 Lower Body Strength, Seated (918) 11:00 Qi Gong (918) 1:00 Open Bocce (BC) 1:30 Mindful Meditation (918) 2:00 Bocce Match: Despicable Me the Musical “Minions vs Townies” (BC) 2:00 Saturday Movie: “Thursday Murder Club” (918) 7:30 Saturday Movie: “Thursday Murder Club” (AUD)
10:30 Catholic Communion Contact Kip Brockmyre to sign up 11: 00 Qi Gong Seated (918) 2:00 Sunday Movie: “Inside Out” (918) 3:00 Scrabble (PUB) 7:30 Sunday Movie: “Inside Out” (AUD)	9:00 Dr. Hennessey, Primary Care (OT) 1:00 Party Bridge (PUB) 1:30 <i>Sit & Stitch/Knitters (RCCR)</i> 2:00 Billiards (BR) 2:00 Diversity Fair (Grille Patio/ VG) 3:00 <i>Finance Committee Meeting (RCCR)</i> 6:30 BINGO! (AUD)	9:00 Open Pickleball (PC) 9:30 Duplicate Bridge (PUB) 1:00 Canasta (PUB) 1:30 Caregivers Support Group with LoriAnn (PDR) 1:30 Book Club (TBD) 2:00 Computer & Device Help (MG) 2:30 Resident-led Pool Volleyball (AC) 4:00 “Quilts and the Underground Railroad: Fact or Fiction?” with Jan Doyle (AUD) 4:00 Backgammon (PUB) 7:30 Friday Series: “Stick” S. 1, Ep. 6, 7, 8 (918)	9:30 <i>Resident Council Meeting (RCCR)</i> 1:30 Episcopal Service (AUD) 1:30 Rosary Service (ARR) 3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB) 4:30 TRIP: Connecticut River Sunset Swallows Cruise and Boxed Dinner 7:30 Musical Movie: “Company” (AUD)	9:00 Open Pickleball (PC) 10:45 StoneRidge Chorus Practice (AUD) 11:30 <i>Recreation Committee (RCCR)</i> 2:00 Computer & Device Help (MG) 2:00 Memoir Writing (LL) 3:00 Marc Black Musical Performance- The Woodstock Generation (AUD) 7:30 Musical Movie: “Company” (918)	11:00 Health & Wellness Conversations with LoriAnn (PUB) 12:30 Upcoming Events (918) 1:00 <i>Quilting Lessons with the Stone Quilters (RCCR)</i> 1:30 Mahjong (PUB) 2:00 Billiards (BR) 2:00 Advanced Acrylic Painting with Ceilidh (CAS) 2:30 Cider and Donuts Sale for Alzheimer’s (PUB) 4:00 Kevin Buterbaugh Current Events Lecture Series (AUD) 7:00 Poker (PUB) 7:30 Friday Series: “Stick” S. 1, Ep. 9 & 10 (AUD)	9:00 Open Pickleball (PC) 9:00 Transportation to Walk to End Alzheimer’s at Ocean Beach 9:30 Lower Body Strength Seated (918) 11:00 Qi Gong (918) 1:30 Mindful Meditation (918) 2:00 Saturday Movie: “Judy” (918) 7:30 Saturday Movie: “Judy” (AUD)
10:30 Catholic Communion Contact Kip Brockmyre to sign up 11:00 Qi Gong Seated (918) 2:00 Sunday Movie: “The End of the Affair” (918) 3:00 Scrabble (PUB) 3:00 Gilbert and Sullivan Showcase (AUD) 7:30 Sunday Movie: “The End of the Affair” (AUD)	No In-Person Fitness Classes in the Auditorium 9:00 Dr. Hennessey, Primary Care (OT) 1:00 Party Bridge (PUB) 1:30 <i>Sit & Stitch/Knitters (RCCR)</i> 2:00 Billiards (BR) 6:30 BINGO! (AUD)	9:00 Dr. Walter, Podiatrist (OT) 9:00 Open Pickleball (PC) 9:30 Duplicate Bridge (PUB) 2:00 Computer & Device Help (MG) 2:30 Resident-led Pool Volleyball (AC) 3:00 Documentaries with Dow “JFK: The Last Speech” (AUD) 4:00 Backgammon (PUB) 7:30 Friday Series: (918)	Hair Salon & Stylists: Tuesday, Wednesday, Friday 9am - 3pm Thursday 8am - 1pm (860)572-5673 Nail Services: Thursday 9am-3pm Country Store Hours: Monday—Saturday 10:30 am - 2:30 pm (860) 572-5654	DINING ROOM Reservations: 860-437-4052 Takeout: 860-572-5671 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm Sunday Brunch: 11:00—2:00 pm J.B. PUB Monday-Sunday Complimentary Continental Breakfast: 7—10 am. MARINER’S GRILLE Reservations: 860-572-5656 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm	Call for Appointment: Dr. Hennessey & Catherine Krenicky, APRN (Primary Care) (860)464-7274 X112 Dr. Lawrence’s Office (Podiatrist) (401)596-0823 Dr. Walter’s Office (Podiatrist) (860)599-4555 OnSite Dermatology (877)345-5300 TotalVision (860)415-9292	
SUNDAY 9:00 Transportation to Mystic Congregational Church 9:45 Transportation to St. Patrick’s Church	MONDAY 8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments 1:30 Grocery Shopping: McQuade’s and Big Y	TUESDAY 8:30-3:00 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments	WEDNESDAY 8:30-3:00 Backus Hospital and Surrounding Areas Doctors Appointments	THURSDAY 8:30-3:00 Mystic, Stonington, Westerly Doctors Appointments	FRIDAY 1:30 Shopping 5th– Waterford Walmart & Lowes 12th– Groton Rte 1 & Groton Shopping Plaza 19th– Waterford Target, Crystal Mall, New London Mall 26th– Downtown Westerly & Westerly Shopping Center	Reoccurring Transportation Sunday - Friday