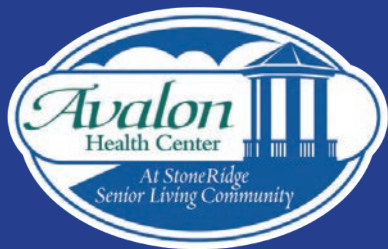




**SKILLED NURSING &
REHABILITATION CARE**

*Where You're
Treated
Like Family*





REHABILITATION

Physical, occupational, and speech therapies



SKILLED NURSING

Top-rated short-term post-acute and long-term care



RESPITE CARE

Care you can trust when caregivers need to be away



HOSPICE CARE

Comfort and support for residents and family members



For referrals or to schedule a visit, call 860.572.5623.

StoneRidge is a Life Plan Community offering an active, independent lifestyle and the security of lifelong care, including assistance-in-living, assisted living, memory care, skilled nursing and rehabilitation.

186 Jerry Browne Road • Mystic, CT 06355

StoneRidgeLCS.com

Managed by Life Care Services®





HELPING YOU GET BACK TO THE LIFE YOU LOVE

When you're unable to return home after a stay in the hospital, Avalon Health Center at StoneRidge in historic Mystic offers exceptional rehabilitative care in a comfortable environment where you're treated like family.

- Intimate size and high staff-to-resident ratio that allow us to provide the personalized care and attention you or your loved one deserves
- Highly rated by CMS and U.S. News & World Report for short-term rehabilitation and long-term care

Whether you're here several weeks or you call Avalon Health Center home, you and your loved ones can rest assured that you'll receive the very best care in a warm, friendly environment.

Rehabilitation Services

Our award-winning community and intimate setting are just what the doctor ordered for a speedy recovery after surgery or an illness. Count on our highly qualified team of Licensed Therapists to get you back to the life you love.

Therapy Programs at Avalon Health Center Include:

Physical therapy to build strength and balance, and to increase range of motion and endurance

Occupational therapy to improve motor skills and make everyday activities easier

Speech therapy to recover articulation, ease swallowing difficulties, and restore memory

Avalon Health Center offers both inpatient and outpatient rehabilitative services seven days a week.

A Personalized Approach to Care

Our team of highly trained Nurses and Therapists will help you make as full a recovery as possible. Our high staff-to-resident ratio ensures each person in our care receives the attention they deserve. In addition, we offer a variety of programs and services designed to make your stay as enjoyable as possible.

- Medically supervised team of Nurses and Therapists
- Private suites available (Wi-Fi and cable included)
- Chef-prepared meals, including therapeutic dietary programs
- Access to on-site amenities at StoneRidge, a Life Plan Community

Avalon Health Center will work with you to optimize individual Medicare and long-term care insurance coverage.

**FOR MORE INFORMATION
OR TO SCHEDULE A VISIT,
CALL US AT 860.572.5623.**