



February 2026

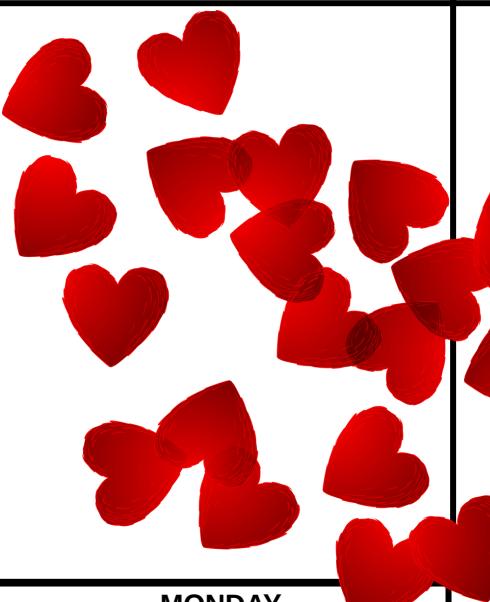
"While it is February one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch" —Patience Strong



HEALTH SERVICES

918- TV Channel 918	FS— Fitness Studio (Clubhouse, 2nd Floor)	OT— Occupational Therapy Room (by Avalon)
AC— Aquatic Center (Clubhouse, 2nd Floor)	FSR— Fireside Room (by MDR)	PC— Pickleball Court
ARR— Avalon Recreation Room	LIB— Library (Clubhouse, 2nd Floor)	PDR— Private Dining Room
AUD— Auditorium	LL— Lighthouse Lounge (Bldg. 6000, 4th Floor)	PUB— Jerry Browne Pub
BR— Billiards Room (Bldg. 5000, Level 3)	MDR— Main Dining Room	RCCR— Residents Council Conference Room (Bldg. 5000, Level 4)
CAS— Creative Arts Studio (Clubhouse, 2nd Floor)	MG— Mariner's Grille (Clubhouse, 2nd Floor)	VG— Village Green (Outside Mariner Grille)
CHR— Chart Room (by MDR)	ML— Main Lobby	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:30 Catholic Communion 1 Contact Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "My Week with Marilyn" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>3:00 Winter Cornhole (AUD)</p> <p>7:30 Sunday Movie: "My Week with Marilyn (AUD)</p> <p>Aquatic Center & Fitness Center 7 Days A Week 8:00am—8:00pm</p>	<p>9:00 Dr. Hennessey, Primary Care (OT) 2</p> <p>11:30 Hearing Better at StoneRidge Group (CHR)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:30 Sit & Stitch/Knitters (RCCR)</p> <p>2:00 Billiards (BR)</p> <p>2:30 Library Committee (PDR)</p> <p>6:30 BINGO! (AUD)</p> 	<p>9:30 Duplicate Bridge (PUB) 3</p> <p>10:00 Open Pickleball (PC)</p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>2:00 Health and Wellness Committee (RCCR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Swing-Heart Valentine's Day Cards (CAS)</p> <p>4:00 Backgammon (PUB)</p> <p>5:00 Kitchen Tours with Chef Bob (Meet at Podium)</p> <p>7:30 Friday Series: "The Beast in Me" Episode 1 & 2 (918)</p>	<p>10:15 TRIP: Brunch at Toast & Tonic 4</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>7:30 Western Movie: "The Power of the Dog" (AUD)</p> <p>7:30 Poetry in the Pub (PUB)</p>	<p>9:00 Catherine Krenicky, APRN (OT) 5</p> <p>10:00 Open Pickleball (PC)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>10:45 StoneRidge Chorus (AUD)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:00 Grounds and Gardens Committee (RCCR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Memoir Writing Class with Deb Adamson (LL)</p> <p>3:00 Facilities Committee (RCCR)</p> <p>4:00 Doug McKeehan on Piano (AUD)</p> <p>7:30 Western Movie: "The Power of the Dog" (918)</p>	<p>1:45 Winter Olympics Opening Ceremonies Viewing (AUD) 6</p> <p>12:30 Upcoming Events (918)</p> <p>1:00 Quilting lessons with the Stone Quilters (RCCR)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>7:00 Poker (PUB)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 1 & 2 (AUD)</p>	<p>9:30 Lower Body Strength 7 Seated (918)</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "The Book Thief" (918)</p> <p>7:30 Saturday Movie: "The Book Thief" (AUD)</p>
<p>10:30 Catholic Communion 8 Contact Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "The Housemaid" (AUD) *Note Location*</p> <p>3:00 Scrabble (PUB)</p> <p>6:00 Superbowl Party (AUD)</p> <p>7:30 Sunday Movie: "The Housemaid" (918)</p>	<p>9:00 Dr. Hennessey, Primary Care (OT) 9</p> <p>10:00 Coffee & Conversations with Pamela (CHR)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:30 Sit & Stitch/Knitters (RCCR)</p> <p>1:30 Culinary Committee (CHR)</p> <p>2:00 Billiards (BR)</p> <p>4:00 Happy Hour (PUB)</p> <p>6:30 BINGO! (AUD)</p>	<p>9:30 Duplicate Bridge (PUB) 10</p> <p>10:00 Open Pickleball (PC)</p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>1:30 Caregivers Support Group with LoriAnn (PDR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>3:00 "The Best of Victor Borge Act 1 & 2" (AUD)</p> <p>4:00 Backgammon (PUB)</p> <p>5:00 Kitchen Tours with Chef Bob (Meet at Podium)</p> <p>5:30 Take Out Dinner with Ralph Wood (CHR)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 1 & 2 (918)</p>	<p>11:45 TRIP: Lunch at Andiamo's 11</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>3:00 "Living Lineage (PT. 2): Echoes of the Ancients" Genealogy Lecture with Ceilidh (AUD)</p> <p>7:30 Western Movie: "Shane" (AUD)</p>	<p>9:00 Catherine Krenicky, APRN (OT) 12</p> <p>10:00 Open Pickleball (PC)</p> <p>10:00 Coffee & Conversations with the Resident Council (PUB)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>10:45 StoneRidge Chorus (AUD)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:00 Welcome Committee (CHR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Memoir Writing Class with Deb Adamson (LL)</p> <p>3:00 Documentaries with Dow: "The Rise and Fall of Penn Station" (AUD)</p> <p>7:30 Western Movie: "Shane" (918)</p>	<p>10:30 Finance Committee (RCCR) 13</p> <p>12:30 Upcoming Events (918)</p> <p>1:00 Quilting Lessons with the Stone Quilters (RCCR)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Mardi Gras Mask Craft with Tiffany (CAS)</p> <p>2:00 Billiards (BR)</p> <p>3:00 Broadway Comes to StoneRidge Video: "Memphis" (AUD)</p> <p>7:00 Poker (PUB)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 3 & 4 (AUD)</p>	<p>9:30 Lower Body Strength 14 Seated (918)</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "Champagne Problems" (918)</p> <p>7:30 Saturday Movie: "Champagne Problems" (AUD)</p> 
<p>Reoccurring Fitness Classes</p>	<p>MONDAY</p> <p>9:30 Seated Range of Motion (918)</p> <p>9:30 Seated Tap (RSVP Class FS)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>TUESDAY</p> <p>9:00 Slow Flow H2O (AC)</p> <p>9:30 Lower Body Strength (918)</p> <p>10:00 Zumba Gold (AUD)</p> <p>11:00 Yoga (AUD)</p> <p>2:00 Calming Meditation (918)</p>	<p>WEDNESDAY</p> <p>9:30 Lift & Swim (AC)</p> <p>9:30 Seated Range of Motion (918)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>THURSDAY</p> <p>9:00 Slow Flow H2O (AC)</p> <p>9:30 Lower Body Strength Chair (918)</p> <p>10:00 Heart Healthy Hustle (AUD)</p> <p>11:00 Qi Gong Seated (918)</p> <p>11:00 Tai Chi Balance (RSVP Class FS)</p> <p>2:00 Positive Energy Meditation (918)</p>	<p>FRIDAY</p> <p>9:30 Lift & Swim (AC)</p> <p>9:30 Seated Range of Motion (918)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>Contact Julie Oliver, Fitness Specialist for more Information (860)572-5657</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:30 Catholic Communion Contact Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "Nuremberg" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>3:00 Winter Cornhole (AUD)</p> <p>7:30 Sunday Movie: "Nuremberg" (AUD)</p>	<p>9:00 Dr. Hennessey, Primary Care (OT)</p> <p>1:00 Duplicate Bridge (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:30 Sit & Stitch/Knitters (RCCR)</p> <p>2:00 Lenten Study - Decisive Moments in the Life of Jesus (PUB)</p> <p>2:00 Billiards (BR)</p> <p>3:00 Winter Olympics Paper Airplane Contest (AUD)</p> <p>6:30 BINGO! (AUD)</p> <p></p>	<p>9:00 No In-Person Fitness Classes in the Auditorium</p> <p>9:00 Dr. Walter, Podiatrist (OT)</p> <p>9:30 Resident Update Meeting Buildings 1, 2, 3 (AUD)</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Resident Update Meeting Buildings 4, 5, 6 (AUD)</p> <p>1:00 Canasta (PUB)</p> <p>1:00 Book Club (AUD)</p> <p>1:30 Residents for Conservation Action (RCCR)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>2:00 Computer & Device Help (MG)</p> <p>3:00 "Journey to Keukenhof Gardens" with Paula Arcrase (AUD)</p> <p>4:00 Backgammon (PUB)</p> <p>5:00 Mardi Gras Party with DixieLand Band (MDR)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 3 & 4 (918)</p>	<p>9:30 Resident Council Meeting (RCCR)</p> <p>1:10 Transportation to Parkinson's Support Group at Masonicare, Contact Lori Ann to Sign Up</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>3:00 Art Talks with Ceilidh: "Acquisition and Repatriation" (PUB)</p> <p>7:30 Western Movie: "Giant" (AUD)</p>	<p>9:00 Catherine Krenicky APRN (OT)</p> <p>10:00 Open Pickleball (PC)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>10:45 StoneRidge Chorus (AUD)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:00 Marketing Committee (RCCR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Stone Quilters (RCCR)</p> <p>2:00 Memoir Writing Class with Deb Adamson (LL)</p> <p>3:00 "Surrealism and the Art of Dreams: Man Ray, Salvador Dali, René Magritte, and Frida Kahlo" Lecture with Bob Potter (AUD)</p> <p>7:30 Western Movie: "Giant" (918)</p>	<p>10:00 Scholarship Committee (RCCR)</p> <p>11:00 Health & Wellness Conversations with LoriAnn (PUB)</p> <p>12:30 Upcoming Events (918)</p> <p>1:00 Quilting Lessons with the Stone Quilters (RCCR)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>4:00 "Imperial Pints: Beer in the American Colonies" Talk and Tasting with Michael (PUB)</p> <p>7:00 Poker (PUB)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 5 & 6 (AUD)</p>	<p>9:30 Lower Body Strength, Seated (918)</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "A Beautiful Mind" (918)</p> <p>6:30 Transportation to Eastern Connecticut Symphony Concert "American Ingenuity"</p> <p>7:30 Saturday Movie: "A Beautiful Mind" (AUD)</p>
<p>10:30 Catholic Communion Contact Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "The Shawshank Redemption" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>3:00 Winter Cornhole (AUD)</p> <p>7:30 Sunday Movie: "The Shawshank Redemption" (AUD)</p> <p></p>	<p>1:00 Pong Pong (AUD)</p> <p>1:30 Sit & Stitch/Knitters (RCCR)</p> <p>2:00 Billiards (BR)</p> <p>2:00 Lenten Study - Decisive Moments in the Life of Jesus (PUB)</p> <p>4:00 Happy Hour (PUB)</p> <p>6:30 BINGO! (AUD)</p>	<p>9:30 Duplicate Bridge (PUB)</p> <p>10:00 Open Pickleball (PC)</p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>1:30 Caregivers Support Group with LoriAnn (PDR)</p> <p>2:00 Zen Art Paper Quilts (CAS)</p> <p>2:00 Computer & Device Help (MG)</p> <p>3:00 Health Committee Event: Estate Planning Discussion (AUD)</p> <p>4:00 Backgammon (PUB)</p> <p>5:00 Kitchen Tours with Chef Bob (Meet at Podium)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 5 & 6 (918)</p>	<p>1:00 Recreation Committee (RCCR)</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB)</p> <p>4:00 Portal Informational Meeting (AUD)</p> <p>7:30 Western Movie: "Unforgiven" (AUD)</p>	<p>9:00 Catherine Krenicky, APRN (OT)</p> <p>10:00 Open Pickleball (PC)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>10:45 StoneRidge Chorus (AUD)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>2:00 TRIP: Westerly Impressionist Museum</p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Memoir Writing Class with Deb Adamson (LL)</p> <p>7:30 Western Movie: "Unforgiven" (918)</p>	<p>11:00 Health & Wellness Conversations with LoriAnn (PUB)</p> <p>12:30 Upcoming Events (918)</p> <p>1:00 Quilting lessons with the Stone Quilters (RCCR)</p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>4:00 Current Events with Kevin Buterbaugh (AUD)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep 7 & Season 3, Ep. 1 (AUD)</p>	<p>9:30 Lower Body Strength Seated (918)</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "Die My Love" (918)</p> <p>7:30 Saturday Movie: "Die My Love" (AUD)</p>
<p>Transportation Sign-up for Shopping in the Transportation Book in the Mail Room.</p> <p>For Medical Appointments, Call the Transportation Department at (860) 572-5604</p>		<p>Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.</p>	<p>Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact:</p> <p>Michael Langlois Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601</p> <p>Tiffany Burley Community Life Services Associate tburley@stoneridgerc.com (860) 437-4041</p> <p>Ceilidh Burdick Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411</p>	<p>DINING ROOM</p> <p>Reservations: (860) 437-4052 Takeout: (860) 572-5671 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm Sunday Brunch: 11:00—2:00 pm</p> <p>J.B. PUB Monday-Sunday Complimentary Continental Breakfast: 7—10 am.</p> <p>MARINER'S GRILLE</p> <p>Reservations: (860) 572-5656 Monday-Saturday Lunch: 12:00—2:00 pm Dinner: 5:00—7:30 pm</p>	<p>Hair Salon & Stylists: Tuesday, Wednesday, Friday 9 am - 3 pm Thursday 8 am - 1 pm (860) 572-5673</p> <p>Nail Services: Thursday 9am-3pm</p> <p>Country Store Hours: Monday—Saturday 10:30 am - 2:30 pm (860) 572-5654</p>	<p>Call for Appointment: Dr. Hennessey & Catherine Krenicky, APRN (Primary Care) (860) 464-7274 X112</p> <p>Dr. Lawrence's Office (Podiatrist) (401) 596-0823</p> <p>Dr. Walter's Office (Podiatrist) (860) 599-4555</p> <p>Total Vision (860) 415-9292</p>
<p>SUNDAY 9:00 Transportation to Mystic Congregational Church 9:45 Transportation to St. Patrick's Church</p>	<p>MONDAY 8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments 1:30 Grocery Shopping: McQuade's and Big Y</p>	<p>TUESDAY 8:30-3:30 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments</p>	<p>WEDNESDAY 8:30-3:30 Avalon Doctors Appointments</p>	<p>THURSDAY 8:30-3:30 Mystic, Stonington, Westerly Doctors Appointments</p>	<p>FRIDAY 1:30 Shopping 6th- Waterford Walmart & Lowes 13th- Groton Rte 1 & Groton Shopping Plaza 20th- Waterford Target, Crystal Mall, New London Mall 27th- Downtown Westerly & Westerly Shopping Center</p>	<p>Reoccurring Transportation Sunday - Friday</p>