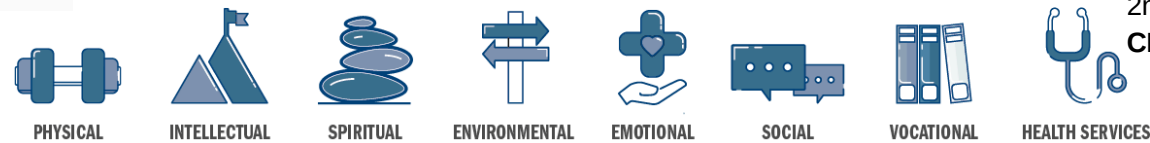







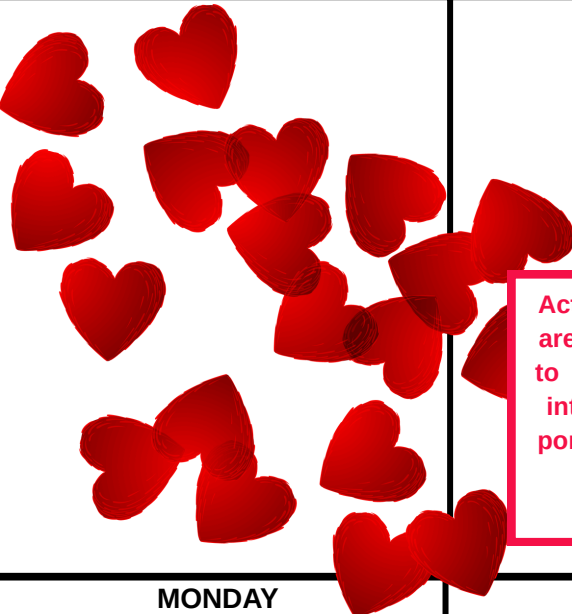
February 2026

"While it is February one can taste the full joys of anticipation. Spring stands at the gate with her finger on the latch" —Patience Strong



918- TV Channel 918
AC- Aquatic Center (Clubhouse, 2nd Floor)
ARR- Avalon Recreation Room
AUD- Auditorium
BR- Billiards Room (Bldg. 5000, Level 3)
CAS- Creative Arts Studio (Clubhouse, 2nd Floor)
CHR- Chart Room (by MDR)
FS- Fitness Studio (Clubhouse, 2nd Floor)
FSR- Fireside Room (by MDR)
LIB- Library (Clubhouse, 2nd Floor)
LL- Lighthouse Lounge (Bldg. 6000, 4th Floor)
MDR- Main Dining Room
MG- Mariner's Grille (Clubhouse, 2nd Floor)
ML- Main Lobby
OT- Occupational Therapy Room (by Avalon)
PC- Pickleball Court
PDR- Private Dining Room
PUB- Jerry Browne Pub
RCCR- Residents Council Conference Room (Bldg. 5000, Level 4)
VG- Village Green (Outside Mariner Grille)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:30 Catholic Communion 1 Contact Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "My Week with Marilyn" (918)</p> <p>3:00 Scrabble (PUB)</p> <p>3:00 Winter Cornhole (AUD)</p> <p>7:30 Sunday Movie: "My Week with Marilyn (AUD)</p> <div><p>Aquatic Center & Fitness Center 7 Days A Week 8:00am—8:00pm</p></div>	<p>9:00 Dr. Hennessey, Primary Care (OT) 2</p> <p>11:30 <i>Hearing Better at StoneRidge Group (CHR)</i></p> <p>1:00 Ping Pong (AUD)</p> <p>1:30 <i>Sit & Stitch/Knitters (RCCR)</i></p> <p>2:00 Billiards (BR)</p> <p>2:30 <i>Library Committee (PDR)</i></p> <p>6:30 BINGO! (AUD)</p>	<p>9:30 Duplicate Bridge (PUB) 3</p> <p>10:00 Open Pickleball (PC)</p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>2:00 <i>Health and Wellness Committee (RCCR)</i></p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Swing-Heart Valentine's Day Cards (CAS)</p> <p>4:00 Backgammon (PUB)</p> <p>5:00 Kitchen Tours with Chef Bob (Meet at Podium)</p> <p>7:30 Friday Series: "The Beast in Me" Episode 1 & 2 (918)</p>	<p>10:15 TRIP: Brunch at Toast & Tonic 4</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>7:30 Western Movie: "The Power of the Dog" (AUD)</p> <p>7:30 Poetry in the Pub (PUB)</p>	<p>9:00 Catherine Krenicky, APRN (OT) 5</p> <p>10:00 Open Pickleball (PC)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>10:45 StoneRidge Chorus (AUD)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:00 <i>Grounds and Gardens Committee (RCCR)</i></p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Memoir Writing Class with Deb Adamson (LL)</p> <p>3:00 <i>Facilities Committee (RCCR)</i></p> <p>4:00 Doug McKeegan on Piano (AUD)</p> <p>7:30 Western Movie: "The Power of the Dog" (918)</p>	<p>1:45 Winter Olympics Opening Ceremonies Viewing (AUD) 6</p> <p>12:30 Upcoming Events (918)</p> <p>1:00 <i>Quilting lessons with the Stone Quilters (RCCR)</i></p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Billiards (BR)</p> <p>7:00 Poker (PUB)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 1 & 2 (AUD)</p>	<p>9:30 Lower Body Strength Seated (918) 7</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "The Book Thief" (918)</p> <p>7:30 Saturday Movie: "The Book Thief" (AUD)</p>
<p>10:30 Catholic Communion 8 Contact Kip Brockmyre to sign up</p> <p>11:00 Qi Gong Seated (918)</p> <p>2:00 Sunday Movie: "The Housemaid" (AUD) *Note Location*</p> <p>3:00 Scrabble (PUB)</p> <p>6:00 Superbowl Party (AUD)</p> <p>7:30 Sunday Movie: "The Housemaid" (918)</p>	<p>9:00 Dr. Hennessey, Primary Care (OT) 9</p> <p>10:00 Coffee & Conversations with Pamela (CHR)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:30 <i>Sit & Stitch/Knitters (RCCR)</i></p> <p>1:30 <i>Culinary Committee (CHR)</i></p> <p>2:00 Billiards (BR)</p> <p>4:00 Happy Hour (PUB)</p> <p>6:30 BINGO! (AUD)</p>	<p>9:30 Duplicate Bridge (PUB) 10</p> <p>10:00 Open Pickleball (PC)</p> <p>1:00 Canasta (PUB)</p> <p>1:30 Resident-led Pool Volleyball (AC)</p> <p>1:30 Caregivers Support Group with LoriAnn (PDR)</p> <p>2:00 Computer & Device Help (MG)</p> <p>3:00 "The Best of Victor Borge Act 1 & 2" (AUD)</p> <p>4:00 Backgammon (PUB)</p> <p>5:00 Kitchen Tours with Chef Bob (Meet at Podium)</p> <p>5:30 Take Out Dinner with Ralph Wood (CHR)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 1 & 2 (918)</p>	<p>11:45 TRIP: Lunch at Andiamo's 11</p> <p>1:30 Episcopal Service (AUD)</p> <p>1:30 Rosary Service (ARR)</p> <p>3:00 "Living Lineage (PT. 2): Echoes of the Ancients" Genealogy Lecture with Ceilidh (AUD)</p> <p>7:30 Western Movie: "Shane" (AUD)</p>	<p>9:00 Catherine Krenicky, APRN (OT) 12</p> <p>10:00 Open Pickleball (PC)</p> <p>10:00 Coffee & Conversations with the Resident Council (PUB)</p> <p>10:30 Blood Pressure Clinic (Linda Hart's Office)</p> <p>10:45 StoneRidge Chorus (AUD)</p> <p>1:00 Cribbage (PUB)</p> <p>1:00 Ping Pong (AUD)</p> <p>1:00 <i>Welcome Committee (CHR)</i></p> <p>2:00 Computer & Device Help (MG)</p> <p>2:00 Memoir Writing Class with Deb Adamson (LL)</p> <p>3:00 Documentaries with Dow: "The Rise and Fall of Penn Station" (AUD)</p> <p>7:30 Western Movie: "Shane" (918)</p>	<p>10:30 <i>Finance Committee (RCCR)</i> 13</p> <p>12:30 Upcoming Events (918)</p> <p>1:00 <i>Quilting Lessons with the Stone Quilters (RCCR)</i></p> <p>1:30 Mahjong (PUB)</p> <p>2:00 Mardi Gras Mask Craft with Tiffany (CAS)</p> <p>2:00 Billiards (BR)</p> <p>3:00 Broadway Comes to StoneRidge Video: "Memphis" (AUD)</p> <p>7:00 Poker (PUB)</p> <p>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 3 & 4 (AUD)</p>	<p>9:30 Lower Body Strength Seated (918) 14</p> <p>10:00 Open Pickleball (PC)</p> <p>11:00 Qi Gong (918)</p> <p>1:30 Mindful Meditation (918)</p> <p>2:00 Saturday Movie: "Champagne Problems" (918)</p> <p>7:30 Saturday Movie: "Champagne Problems" (AUD)</p>
<p>Reoccurring Fitness Classes</p>	<p>MONDAY</p> <p>9:30 Seated Range of Motion (918)</p> <p>9:30 Seated Tap (RSVP Class FS)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>TUESDAY</p> <p>9:00 Slow Flow H2O (AC)</p> <p>9:30 Lower Body Strength (918)</p> <p>10:00 Zumba Gold (AUD)</p> <p>11:00 Yoga (AUD)</p> <p>2:00 Calming Meditation (918)</p>	<p>WEDNESDAY</p> <p>9:30 Lift & Swim (AC)</p> <p>9:30 Seated Range of Motion (918)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>THURSDAY</p> <p>9:00 Slow Flow H2O (AC)</p> <p>9:30 Lower Body Strength Chair (918)</p> <p>10:00 Heart Healthy Hustle (AUD)</p> <p>11:00 Qi Gong Seated (918)</p> <p>11:00 Tai Chi Balance (RSVP Class FS)</p> <p>2:00 Positive Energy Meditation (918)</p>	<p>FRIDAY</p> <p>9:30 Lift & Swim (AC)</p> <p>9:30 Seated Range of Motion (918)</p> <p>10:30 Stable & Strong (AUD)</p> <p>8:30 Meditation for Relaxation (918)</p>	<p>Contact Julie Oliver, Fitness Specialist for more Information (860)572-5657</p>

SUNDAY	MONDAY	 TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>10:30 Catholic Communion Contact Kip Brockmyre to sign up</div> <div>11:00 Qi Gong Seated (918)</div> <div>2:00 Sunday Movie: "Nuremberg" (918)</div> <div>3:00 Scrabble (PUB)</div> <div>3:00 Winter Cornhole (AUD)</div> <div>7:30 Sunday Movie: "Nuremberg" (AUD)</div> <div>15</div>	<div>9:00 Dr. Hennessey, Primary Care (OT)</div> <div>1:00 Duplicate Bridge (PUB)</div> <div>1:00 Ping Pong (AUD)</div> <div>1:30 <i>Sit & Stitch/Knitters (RCCR)</i></div> <div>2:00 Lenten Study - Decisive Moments in the Life of Jesus (PUB)</div> <div>2:00 Billiards (BR)</div> <div>3:00 Winter Olympics Paper Airplane Contest (AUD)</div> <div>6:30 BINGO! (AUD)</div> <div></div> <div>16</div>	<div>No In-Person Fitness Classes in the Auditorium</div> <div>9:00 Dr. Walter, Podiatrist (OT)</div> <div>9:30 Resident Update Meeting Buildings 1, 2, 3 (AUD)</div> <div>10:00 Open Pickleball (PC)</div> <div>11:00 Resident Update Meeting Buildings 4, 5, 6 (AUD)</div> <div>1:00 Canasta (PUB)</div> <div>1:00 Book Club (AUD)</div> <div>1:30 <i>Residents for Conservation Action (RCCR)</i></div> <div>1:30 Resident-led Pool Volleyball (AC)</div> <div>2:00 Computer & Device Help (MG)</div> <div>3:00 "Journey to Keukenhof Gardens" with Paula Arcrase (AUD)</div> <div>4:00 Backgammon (PUB)</div> <div>5:00 Mardi Gras Party with DixieLand Band (MDR)</div> <div>7:30 Friday Series:"Seaside Hotel" Season 2, Ep. 3 & 4 (918)</div> <div>17</div>	<div>9:30 <i>Resident Council Meeting (RCCR)</i></div> <div>1:10 Transportation to Parkinson's Support Group at Masonicare, Contact Lori Ann to Sign Up</div> <div>1:30 Episcopal Service (AUD)</div> <div>1:30 Rosary Service (ARR)</div> <div>3:00 Art Talks with Ceilidh: "Acquisition and Repatriation" (PUB)</div> <div>7:30 Western Movie: "Giant" (AUD)</div> <div>18</div>	<div>9:00 Catherine Krenicky, APRN (OT)</div> <div>10:00 Open Pickleball (PC)</div> <div>10:30 Blood Pressure Clinic (Linda Hart's Office)</div> <div>10:45 StoneRidge Chorus (AUD)</div> <div>1:00 Cribbage (PUB)</div> <div>1:00 Ping Pong (AUD)</div> <div>1:00 <i>Marketing Committee (RCCR)</i></div> <div>2:00 Computer & Device Help (MG)</div> <div>2:00 Stone Quilters (RCCR)</div> <div>2:00 Memoir Writing Class with Deb Adamson (LL)</div> <div>3:00 "Surrealism and the Art of Dreams: Man Ray, Salvador Dali, René Magritte, and Frida Kahlo" Lecture with Bob Potter (AUD)</div> <div>7:30 Western Movie: "Giant" (918)</div> <div>19</div>	<div>10:00 <i>Scholarship Committee (RCCR)</i></div> <div>11:00 Health & Wellness Conversations with LoriAnn (PUB)</div> <div>12:30 Upcoming Events (918)</div> <div>1:00 <i>Quilting Lessons with the Stone Quilters (RCCR)</i></div> <div>1:30 Mahjong (PUB)</div> <div>2:00 Billiards (BR)</div> <div>4:00 "Imperial Pints: Beer in the American Colonies" Talk and Tasting with Michael (PUB)</div> <div>7:00 Poker (PUB)</div> <div>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 5 & 6 (AUD)</div> <div>20</div>	<div>9:30 Lower Body Strength, Seated (918)</div> <div>10:00 Open Pickleball (PC)</div> <div>11:00 Qi Gong (918)</div> <div>1:30 Mindful Meditation (918)</div> <div>2:00 Saturday Movie: "A Beautiful Mind" (918)</div> <div>6:30 Transportation to Eastern Connecticut Symphony Concert "American Ingenuity"</div> <div>7:30 Saturday Movie: "A Beautiful Mind" (AUD)</div> <div>21</div>
<div>10:30 Catholic Communion Contact Kip Brockmyre to sign up</div> <div>11:00 Qi Gong Seated (918)</div> <div>2:00 Sunday Movie: "The Shawshank Redemption" (918)</div> <div>3:00 Scrabble (PUB)</div> <div>3:00 Winter Cornhole (AUD)</div> <div>7:30 Sunday Movie: "The Shawshank Redemption" (AUD)</div> <div></div> <div>22</div>	<div>1:00 Pong Pong (AUD)</div> <div>1:30 <i>Sit & Stitch/Knitters (RCCR)</i></div> <div>2:00 Billiards (BR)</div> <div>2:00 Lenten Study - Decisive Moments in the Life of Jesus (PUB)</div> <div>4:00 Happy Hour (PUB)</div> <div>6:30 BINGO! (AUD)</div> <div>23</div>	<div>9:30 Duplicate Bridge (PUB)</div> <div>10:00 Open Pickleball (PC)</div> <div>1:00 Canasta (PUB)</div> <div>1:30 Resident-led Pool Volleyball (AC)</div> <div>1:30 Caregivers Support Group with LoriAnn (PDR)</div> <div>2:00 Zen Art Paper Quilts (CAS)</div> <div>2:00 Computer & Device Help (MG)</div> <div>3:00 Health Committee Event: Estate Planning Discussion (AUD)</div> <div>4:00 Backgammon (PUB)</div> <div>5:00 Kitchen Tours with Chef Bob (Meet at Podium)</div> <div>7:30 Friday Series: "Seaside Hotel" Season 2, Ep. 5 & 6 (918)</div> <div>24</div>	<div>1:00 <i>Recreation Committee (RCCR)</i></div> <div>1:30 Episcopal Service (AUD)</div> <div>1:30 Rosary Service (ARR)</div> <div>3:00 Questions for a Pharmacist with Nutmeg Pharmacy (PUB)</div> <div>4:00 Portal Informational Meeting (AUD)</div> <div>7:30 Western Movie: "Unforgiven" (AUD)</div> <div>25</div>	<div>9:00 Catherine Krenicky, APRN (OT)</div> <div>10:00 Open Pickleball (PC)</div> <div>10:30 Blood Pressure Clinic (Linda Hart's Office)</div> <div>10:45 StoneRidge Chorus (AUD)</div> <div>1:00 Cribbage (PUB)</div> <div>1:00 Ping Pong (AUD)</div> <div>2:00 TRIP: Westerly Impressionist Museum</div> <div>2:00 Computer & Device Help (MG)</div> <div>2:00 Memoir Writing Class with Deb Adamson (LL)</div> <div>7:30 Western Movie: "Unforgiven" (918)</div> <div>26</div>	<div>11:00 Health & Wellness Conversations with LoriAnn (PUB)</div> <div>12:30 Upcoming Events (918)</div> <div>1:00 <i>Quilting lessons with the Stone Quilters (RCCR)</i></div> <div>1:30 Mahjong (PUB)</div> <div>2:00 Billiards (BR)</div> <div>4:00 Current Events with Kevin Buterbaugh (AUD)</div> <div>7:30 Friday Series: "Seaside Hotel" Season 2, Ep 7 & Season 3, Ep. 1 (AUD)</div> <div>27</div>	<div>9:30 Lower Body Strength Seated (918)</div> <div>10:00 Open Pickleball (PC)</div> <div>11:00 Qi Gong (918)</div> <div>1:30 Mindful Meditation (918)</div> <div>2:00 Saturday Movie: "Die My Love" (918)</div> <div>7:30 Saturday Movie: "Die My Love" (AUD)</div> <div>28</div>
<div>Transportation Sign-up for Shopping in the Transportation Book in the Mail Room.</div> <div>For Medical Appointments, Call the Transportation Department at (860) 572-5604</div>	<div></div>	<div>Activities on this calendar are subject to change due to illness, weather, lack of interest, etc. Refer to the portal and channel 918 for the most up to date information.</div>	<div>Turn your TV to CH 918 for up to date information! If you have any questions regarding this calendar please contact:</div> <div>Michael Langlois Community Life Services Director mlanglois@stoneridgerc.com (860) 572-5601</div> <div>Tiffany Burley Community Life Services Associate tburley@stoneridgerc.com (860) 437-4041</div> <div>Ceilidh Burdick Community Life Services Associate cburdick@stoneridgerc.com (860) 572-2411</div>	<div>DINING ROOM</div> <div>Reservations: (860) 437-4052</div> <div>Takeout: (860) 572-5671</div> <div>Monday-Saturday</div> <div>Lunch: 12:00—2:00 pm</div> <div>Dinner: 5:00—7:30 pm</div> <div>Sunday Brunch: 11:00—2:00 pm</div> <div>J.B. PUB</div> <div>Monday-Sunday</div> <div>Complimentary Continental</div> <div>Breakfast: 7—10 am.</div> <div>MARINER'S GRILLE</div> <div>Reservations: (860) 572-5656</div> <div>Monday-Saturday</div> <div>Lunch: 12:00—2:00 pm</div> <div>Dinner: 5:00—7:30 pm</div>	<div>Hair Salon & Stylists:</div> <div>Tuesday, Wednesday, Friday 9am - 3pm</div> <div>Thursday 8am - 1pm</div> <div>(860) 572-5673</div> <div>Nail Services:</div> <div>Thursday 9am-3pm</div> <div>Country Store Hours:</div> <div>Monday—Saturday 10:30 am - 2:30 pm</div> <div>(860) 572-5654</div>	<div>Call for Appointment:</div> <div>Dr. Hennessey & Catherine Krenicky, APRN (Primary Care)</div> <div>(860) 464-7274 X112</div> <div>Dr. Lawrence's Office (Podiatrist)</div> <div>(401) 596-0823</div> <div>Dr. Walter's Office (Podiatrist)</div> <div>(860) 599-4555</div> <div>Total Vision (860) 415-9292</div>
<div>SUNDAY</div> <div>9:00 Transportation to Mystic Congregational Church</div> <div>9:45 Transportation to St. Patrick's Church</div>	<div>MONDAY</div> <div>8:30-12:30 Mystic, New London, Waterford, Niantic Doctors Appointments</div> <div>1:30 Grocery Shopping: McQuade's and Big Y</div>	<div>TUESDAY</div> <div>8:30-3:30 Mystic, Groton, New London, Waterford, Niantic Doctors Appointments</div>	<div>WEDNESDAY</div> <div>8:30-3:30 Avalon Doctors Appointments</div>	<div>THURSDAY</div> <div>8:30-3:30 Mystic, Stonington, Westerly Doctors Appointments</div>	<div>FRIDAY 1:30 Shopping</div> <div>6th- Waterford Walmart & Lowes</div> <div>13th- Groton Rte 1 & Groton Shopping Plaza</div> <div>20th- Waterford Target, Crystal Mall, New London Mall</div> <div>27th- Downtown Westerly & Westerly Shopping Center</div>	<div>Reoccurring Transportation Sunday - Friday</div>